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By Carol Volpe, Activities Director

## The Orchards rings with song: Meet The Choraleers

If you walk by The Orchards Community Room on any given Monday afternoon you will hear the piano playing, people singing and a lot of enthusiasm coming from a group of 16 residents known as **The Choraleers!** This group meets weekly to rehearse under the direction of Kathy Kopcha for an upcoming public performance.

The reason they do it is simple: It's because they love to sing and share their love of song with others.

Kathy, who has been The Orchards music director since 2010, shares her talent and expertise with the residents to put together a yearly show-stopping venue. She is extremely educated in the field of music. Kathy holds a Bachelor's of Science and Master's Degree in music education. She began as a music teacher in the public school setting and thereafter has been teaching private piano lessons for the past 35 years. In addition to her dedication to The Orchards family and her private lessons, she is an organist at St. Thomas and Mary Our Queen churches.

In preparation for each performance, Kathy comes to the group prepared with new ideas and suggestions always enlisting the input of each member before a theme and song selections are decided upon. She is dedicated, patient and committed and holds the respect of every person. **The Choraleers** are diligent in attending each rehearsal and work very hard to put on a memorable performance for all to enjoy.















Some past performances have been "The Sound of Music," "South Pacific," a country music show, patriotic songs, and medleys from "Fiddler on the Roof," "My Fair Lady," and "Oklahoma," to name a few. **The Choraleers** are presently working on a show with songs based on peoples' names. They are having fun with their songs selections and have a few surprises in store for their audience.



The Choraleers gather at a recent rehearsal. They include, standing from left, Dave K., Ann M., Lucille H., Anna L., Peter H., Mary Z., Marion L., Lloyd S.; middle row, seated from left, Barbara K., Dolly G., Sue F., Toni H., Jackie S.; front row, seated from left, Cheryl C., Pat B. and Music Director Kathy Kopcha.

See **Sing** on page 4

<b>Sunday(s)</b>	<b>Monday(s)</b>	<b>Tuesday(s)</b>	<b>Wednesday(s)</b>
10:00am CATHOLIC MASS on TV & Communion Community Room 3:00pm SETBACK Cards Card Corner 3:15pm COFFEE & Conversation Country Kitchen 6:30pm CARDS Country Kitchen	10:00am "GET FIT" w/ Christine - Community Room 1:00pm CHORALEERS Practice - Community Room 1:30pm BRIDGE CLUB Veranda Dining Room 2:30pm BINGO Community Room 3:15pm COFFEE & Conversation Country Kitchen 6:30pm CARDS Card Corner	9:30am Non-Denom SERVICE w/ Pastor Victoria Triano South Living Room 12:15pm BOWLING @ Brunswick Lanes 1:00pm "GET FIT" w/ Christine - Community Room 1:30pm WELLNESS CLINIC 3rd Floor 3:00pm HAPPY HOUR -Pub 6:30pm CARDS - Country Kit. 6:30pm BINGO - Comm. Rm	9:30am ROSARY Private Dining Rm 10:00am "GET FIT" w/ Christine - Community Rm 10:30am BIBLE STUDY w/ Rev. Brown Private Dining Rm 6:30pm SETBACK CARDS Card Corner

1 	2 	3 9:00am Out Trip - JFK Middle School Drama Club "Rock of Ages" 2:00pm Music w/Rich Dagenais Community Room	4 2:00pm "Poldark" series con Community Room 3:00pm Resident/Staff Cou Meeting Community Room
8 2:00pm Musical Entertainment with John Verrelli Community Room 	9 10:00am Out Trip - Walmart 	10 2:00pm Musical Entertainment w/Airborne Trio South Living Room 	11 12pm - Men's Group- 1:15pm Spring Craft w/Carol, LeaAnn & Gracie Community Room 2:30pm "Poldark" series con't Community Room
15 2:00pm Ice Cream Social Country Kitchen 	16 	17 10:00am Out Trip - Christmas Tree Shop & Lunch  2:00pm "Food Talk" w/Claribel Community Room	18 2:00pm Name That Tune w/ Carol Country Kitchen 
22 2:00pm Ice Cream Floats Country Kitchen 	23 	24 2:00pm Orchards Cooks Country Kitchen  6:30pm Genealogy Group Community Room Bingo in MacIntosh Dining Room tonight	25 1:00pm Out Trip - Lewis Fa 1:30pm Sunshine Club 2:00pm Blankets for Babie South Living Room 6:30pm Southington Arts & C Community Room
29 	30 10:00am Out Trip - Boscov's Meriden 	Events listed on the top of the calendar weekly functions at The Orchards. Res change in schedule or location if necess and encouraged to attend out trips. Tri	

**Thursday(s)**

1:00pm "GET FIT" w/Christine  
South Living Room  
3:00pm HAPPY HOUR - Pub  
6:30pm CARDS - Country Kitchen  
6:30pm BINGO - Community Room

**Friday(s)**

10:00am MORNINGS w/Ann  
Community Room  
1:00pm STOP & SHOP  
1:45pm BINGO  
Community Room  
3:15pm COFFEE &  
Conversation - Country Kit.  
6:30pm CARDS - Country Kit.  
6:30pm CORDIALS &  
Conversation - S. Living Rm  
6:30pm POKER - S. Living Rm

**Saturday(s)**

10:00am "GET FIT" w/VIDEO  
1:15pm MOVIE MATINEE  
Community Room  
3:00pm HAPPY HOUR - Pub  
3:15pm COFFEE & Conversation  
Country Kitchen  
3:15pm ROSARY GROUP  
Private Dining Room  
6:30pm CARDS - Country Kit.  
6:30pm BINGO - Community Rm

5 11:00am  
Out Trip - Lunch at  
Chick-Fil-A - Queen Street  
1:30pm  
Scrabble w/Carol  
South Living Room



6 2:00pm  
Memory Card Game  
w/Carol  
North TV Room



7 10:00am  
"GET FIT" w/Video  
Community Room



1:15pm  
Movie Matinee  
Community Room



12 10:00am  
Laughter series con't.  
w/LeaAnn  
Community Room



1:30pm  
Out Trip  
Avery Beverages  
New Britain



13 10:00am  
Tai Chi w/Christine  
Community Room



14 10:00am  
"GET FIT" w/Video  
Community Room



19 2:00pm  
Music with Don Szamier  
along w/April Birthday Party



20 10:00am  
Noodle/Balloon Volleyball  
South Living Room



12:30pm  
Volunteer Luncheon  
Entertainment w/  
Michael Ciulla

21 10:00am  
"GET FIT" w/Video-  
Community Room



1:15pm  
Movie Matinee  
Community Room

26 10:00am  
Laughter series con't.  
w/LeaAnn  
Community Room



2:00pm  
Music w/Dave Glokowski  
and his accordion  
South Living Room



27 10:00am  
Poker Walk w/Christine  
Outside patio  
(weather permitting)



28 10:00am  
"GET FIT" w/Video  
Community Room



1:15pm  
Movie Matinee  
Community Room

are regularly scheduled  
idents will be notified of any  
ary. All residents are welcome  
ps are weather permitting.



# The Orchards at Southington

Connect to healthier.™

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Sing from page 1

As newcomer Dave K. stated, “Anytime I can sing it brings me pleasure” and Mary Z. commented, “I am so pleased that The Orchards has this and I am very happy to be a part of it. I love music and it’s an hour of being happy singing.”

We welcome anyone who likes to sing and is willing to attend Monday afternoon rehearsals to join us. I eagerly await **The Choraleers** performance on Tuesday, May 8 at 6:30 p.m. Hope to see you there too!

## Healthy Family FunFest 2018



The Orchards at Southington and other Hartford HealthCare Senior Services communities joined in the Healthy Family FunFest held on Feb. 25 at the Aqua Turf. Thousands of visitors attended to learn more about healthy lifestyles, exercise, services and community resources. Among those representing The Orchards was Christine Solimini-Swift, exercise physiologist, center, with her daughter, Emily, left, and Michele Boisvert, exercise physiologist, Mulberry Gardens of Southington.

The Orchards   
at Southington  
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For more information,  
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