

April 2019/Vol. 5, No. 4

By Carol Volpe, *Activities Director*

The Orchards welcomes coordinator of social services

Jennifer Doty, BSW, has dozens of grandparents – that’s because she feels as if all the residents of The Orchards at Southington and Mulberry Gardens of Southington are like family. Jennifer (or “Jenn”) serves as the coordinator of social services at both these Hartford HealthCare Senior Services communities.

“The residents have so many stories and are so accepting. They light up my day,” she said about working with the older adults and their families.

Jennifer, who has been at Mulberry Gardens for 14 years, started assisting at The Orchards in November when LeaAnn Blanchard became executive director. She holds a bachelor’s degree in social work from Central Connecticut State University.

One of her primary responsibilities is helping residents and their families transition to their new communities. This could include connecting them to

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Jennifer Doty, coordinator of social services at The Orchards at Southington and Mulberry Gardens, stops by the home of resident Trudy V.

Snapshots: Making memories at The Orchards at Southington



Each day our residents join in many of our activities such as fitness classes and Scrabble challenges as well as special events including a Choraleers concert, Mardi Gras party and St. Patrick’s Day celebration - staying young physically and mentally.

APRIL 2019

Sunday	Monday	Tuesday	Wednesday
	1 10:00 OUT TRIP - Walmart 10:30 "Get Fit" -Comm Rm 1:00 CHORALEERS-Comm Rm 1:30 Bridge Club-Ver. DR 2:30 BINGO-Comm Rm. 3:15 Coffee Hour-CK 6:30 NETFLIX MOVIE - SL	2 9:30 Non-Denom.Serv. -SL 11:00 Knitting/Crochet -SL 12:00 OUT TRIP - Starplex Theater 1:15 "Get Fit"-Comm Rm 1:30 Wellness Clinic -WO 3:00 Happy Hour -CommRm 6:30 BINGO -Comm Rm	3 9:30 ROSARY -Pr. 10:30 "Get Fit"- Co 2:00 Noodle/Ball -C 6:30 NETFLIX MO 6:30 Setback -NL 6:45 G.Scout Night
7 10:00 Mass/Communion -SL 2:00 Music w/Dave Com Rm	8 10:30 "GET FIT"- Comm Rm 1:00 CHORALEERS Comm Rm 1:30 Bridge Club -Ver. DR 2:00 Just For You Gifts 2:30 BINGO -Comm Rm 3:15 Coffee Hour -CK 6:30 NETFLIX MOVIE -SL	9 9:00 OUT TRIP - "Oliver" @ KennedySch 9:30 Non-Denom.Serv. -SL 11:00 Knitting/Crochet -SL 1:15 "Get Fit" -Comm Rm 1:30 Wellness Clinic -WO 2:00 Hollywood -Comm Rm 3:00 Happy Hour Comm Rm 6:30 BINGO - Comm Rm	10 9:30 ROSARY -Pr D 10:30 "GET FIT"-C 12:00 Men's Group 2:00 Music w/Elaine 3:30 Veterans Coff 6:30 NETFLIX MO 6:30 Setback—NL
14 Palm Sunday 10:00 Mass/Communion -SL 2:00 Ice Cream Social -CK	15 10:30 OUT TRIP - Lewis Farms 10:30 "Get Fit"-Comm Rm 1:00 CHORALERS—Comm Rm 1:30 Bridge Club- Ver.DR 2:30 BINGO—Comm Rm 3:15 Coffee Hour—CK 6:30 NETFLIX MOVIE—SL	16 9:30 Non-Denom.Serv.-SL 11:00 Knitngg/Crochet -SL 1:15 "Get Fit" -Comm Rm 1:30 Wellness Clinic -WO 2:00 "Animal Crackers w/ Roger Hart—Comm Rm. 3:00 Happy Hour-ComRm 6:30 BINGO- Comm.Rm.	17 9:30 ROSARY- Pr.D 10:30 "Get Fit"- Co 2:00 Noodle/Ball- s 6:30 NETFLIX MO 6:30 Setback- NL
21 10:00 Mass/Communion- SL 	22 10:30 "GET FIT"-CommRm. 1:00 CHORALEERS-Com.Rm 1:30 Watercolor Painting-CommRm. 1:30 Bridge Club-Ver DR 2:30 BINGO- CommRm. 3:15 Coffee Hour—CK 6:30 NETFLIX MOVIE -SL	23 9:30 Non-Denom.Serv -SL 11:00 Knitting/Crochet-SL 1:15 "Get Fit"- Comm.Rm. 1:30 Wellness Clinic -WO 2:00 Cooking Demo w/Chef Joe—CK 3:00 Happy Hour—ComRm 6:30 BINGO—Mac Tonight 6:30 Volunteer Recognition Comm.Rm.	24 9:30 ROSARY-PrDi 10:30 "GET FIT"-C 1:30 Noodle/Ball-C 2:00 Resident/Staf CommRm 6:30 NETFLIX MO 6:30 Setback- NL 6:30 So.Arts & Cra
28 10:00 Mass/Communion-SL 	29 10:30 "Get Fit"-CommRm. 1:00 CHORALEERS-CommRm 1:30 Bridge Club-VerDR 2:30 BINGO-CommRm. 3:15 Coffee Hour-CK 6:30 NETFLIX MOVIE-SL 6:30 Healers w/Halo's-NL	30 9:30 Non-Denom.Serv -SL 11:00Knitting & Crochet-SL 1:15 "Get Fit"- CommRm. 1:30 Wellness Clinic-WO 2:00 Food Talk—CommRm. 3:00 Happy Hour -CommRm. 6:30 BINGO-Mac Tonight 6:30 Genealogy Grp. CommRm.	LEGEND Comm Rm.= Commur SL= South Living R NL= North Living R CK= Country Kitche Ver.DR=Veranda Di WO= Wellness Off Pr.Din.Rm= Private BOLD = Out Trip

	Thursday	Friday	Saturday
Din.Rm Comm Rm Comm Rm VIE -SL —Comm Rm	4 1:15 "Get Fit" -SL 2:00 Phrase Game -NL 3:00 Happy Hour- Comm Rm 6:30 BINGO -Comm Rm	5 10:00 OUT TRIP - Stop & Shop 10:00 "Healthy Lifestyle" w/Sandy- Comm Rm 1:45 BINGO -Comm Rm 3:15 Coffee Hour -CK 6:30 Cordial/Trivia -NL 6:30 Poker -NL	6 9:15 Zumba -Comm Rm 11:00 ROSARY -Pr Din.Rm 1:15 Movie Matinee-Comm Rm 3:00 Happy Hour -Comm Rm 3:15 Coffee Hour -CK 6:30 BINGO -Comm Rm
Din.Rm Comm Rm Lunch- Pub e-Comm Rm Fee Hour -Pub VIE—SL	11 1:15 "Get Fit" —SL 2:00 Bunny Pot Craft-CommRm 3:00 Happy Hour -Comm Rm 6:30 BINGO—Comm Rm	12 10:00 OUT TRIP - Stop & Shop 1:15 Jelly Bean Game- Comm Rm 1:45 BINGO—Comm Rm 2:00 SCRABBLE- SL 3:15 Coffee Hour -CK 6:30 Cordial/Trivia -NL 6:30 Poker -NL	13 9:15 Zumba—Comm Rm 11:00 ROSARY—PrDinRm 1:15 Movie Matinee—CommRm 3:00 Happy Hour—Comm Rm 3:15 Coffee Hour- CK 6:30 BINGO—CommRm
DinRm Comm Rm. SL VIE-SL	18 1:15 "Get Fit"-SL 2:00 Birthday Party- CommRm. 3:00 Happy Hour- CommRm. 6:30 BINGO- Comm Rm	19 10:00 OUT TRIP - Stop & Shop 1:45 BINGO- CommRm 3:15 Coffee Hour -CK 6:30 Cordial/Trivia-NL 6:30 Poker- NL	20 9:15 Zumba-CommRm 11:00 ROSARY- PrDinRm 1:15 Movie Matinee-CommRm 3:00 Happy Hour-CommRm 3:15 Coffee Hour- CK 6:30 BINGO- CommRm.
nRm ommRm ommRm ff Meeting - VIE -SL ft-CommRm.	25 1:15 "Get Fit"- SL 2:00 Music w/Mike-CommRm. 3:00 Happy Hour- CommRm. 6:30 BINGO- CommRm.	26 10:00 OUT TRIP - Stop & Shop 12:00 Book Club Lunch-Pub 1:45 BINGO- CommRm. 2:00 Scrabble—SL 3:15 Coffee Hour-CK 6:30 Cordial/Trivia-NL 6:30 Poker-NL	27 9:15 Zumba-CommRm 11:00 ROSARY -PrDinRm 1:15 MCommRm. 3:00 Happy Hour- CommRm. 3:15 Coffee Hour-CK 6:30 BINGO- CommRm.
Community Room Room Room n ning Room ice 3rd Floor Dining Room		Calendar subject to change	

The Orchards at Southington



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34 Hobart St., Southington, CT 06489
860-628-5656 - southingtonorchards.org

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community resources and services such as a new dentist or tax preparer and help them build a network in the community. Sometimes the needs are more extensive and she works closely with Hartford HealthCare Center for Healthy Aging.

There are also individuals who don't have family members and enjoy a visit. Jennifer makes sure she spends time with them regularly just to chat. "Each person is unique in their own way," she said.

She also conducts cognitive and psychosocial assessments to determine the level of care for prospective and current residents. These free memory screenings can determine the best level of care. She also performs the screenings in the community and in-home.

Through in-services and mentoring staff, she disseminates the necessary information so all employees can provide the best practice in dementia care.

Jennifer also facilitates a dementia caregivers support group at Mulberry Gardens, which The Orchards family members are welcome to attend.

"I try to be the 'go-to' person," she said. "I want people to know I can be the liaison for residents and families in any capacity. I seek out the right connection."

Getting to know the families and individuals is rewarding, she said. "It's all about building relationships."

The Orchards at Southington



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For more information, call
Antoinette Ouellette, *retirement counselor*,
The Orchards at Southington
at 860.628.5656
34 Hobart Street, Southington, CT 06489
southingtonorchards.org