

December 2019/Vol. 5, No. 12

By Carol Volpe, Activities Director

## A friend's act of kindness spreads far and wide at The Orchards

Friends... "A real friend is like a four-leaf clover: hard to find and lucky to have."

This is the special bond an Orchards' resident Joy H. and her friend Jane Montgomery have shared for years. Jane and Joy have always been there for each other and now Jane travels from Milford to visit and spend time with her friend. "I love Joy. She is the sweetest thing ever. She always had a joyful spirit," Jane was quoted referring to her good friend.

Like many residents, when Joy joined our Orchards family she found the transition hard to accept. She missed her home and familiar surroundings. But her friendly warm manner and good nature found her making friends quickly. Joy played Mahjong for years and thought about getting a group of residents together to join her in the game.

Mahjong - similar to rummy - is a game of skill, strategy and calculation and involves a certain degree of chance. It is a game of Chinese origin usually played by four persons with 144 tiles



Jane Montgomery, center, a friend of The Orchards, guides a group in learning mahjong.

based on Chinese characters and symbols that are drawn and discarded until one player secures a winning hand. Sound like a tough game to conquer?

Joy received interest from fellow residents to learn the game. She was so excited! She contacted her dear friend Jane, who also loves Mahjong, See **Friends** on page 4

### Holiday Message from The Orchards


May the peace and joy of the holidays be with you and your families today and throughout the New Year!

# December 2019 Monthly

Sunday	Monday	Tuesday	Wednesday
<b>1</b> 10:00 Mass/Communion 2:00 Ice Cream Social	<b>2</b> 10:30 "GET FIT" 1:00 CHORALEERS 1:30 Bridge Club 1:30 Mah-Jongg 101 1:30 Scrabble 2:30 BINGO 3:15 Coffee hour 6:30 Movie Time	<b>3</b> 9:30 Non-Denom. Service 10:30 Sand dollar Ornament Craft 11:00 Knit/Crochet, Looping 1:15 "GET FIT" 1:30 Wellness Clinic 3:00 Happy Hour 6:30 BINGO	<b>4 NATIONAL CO</b> 9:30 ROSARY 10:30 "GET FIT" <b>3:00 Wadsworth F            Trees</b> 3:00 Rummikub 6:30 Movie Time 6:30 Setback
<b>8</b> <b>NATIONAL BROWNIE DAY</b> 10:00 Mass/Communion 2:00 Brownie Sundaes	<b>9</b> 10:30 "GET FIT" 1:00 CHORALEERS 1:30 Bridge Club 1:30 Mah-Jongg 101 2:30 BINGO 3:15 Coffee Hour 6:30 Advent Program w/Heidi and friends	<b>10</b> 9:30 Non-Denom. Serv. 11:00 Knit, Crochet, Loopin 11-1 Time Emporium <b>12:00 Let's go to            the Movies</b> 1:15 "GET FIT" 1:30 Wellness Clinic 2:00 Piano with John 3:00 Happy Hour 6:30 BINGO	<b>11</b> 9:30 ROSARY 10:30 "GET FIT" 10-1 Leslie Jeweln 12:00 Men's Group L 2:00 Making Christ 3:00 Rummikub 3:30 Veterans Coff 6:30 Movie Time 6:30 Setback
<b>15</b> 10:00 Mass/Communion 2:00 Flute Choir Christmas	<b>16</b> <b>CHOCOLATE ANYTHING DAY</b> 10:30 "GET FIT" <b>11:00 Walmart</b> 1:00 CHORALEERS 1:30 Bridge Club 1:30 Mah-Jongg 101 2:30 BINGO 3:15 Coffee/Crosswords w/Heidi 6:30 Movie Time	<b>17</b> 9:30 Non-Denom. Service 11:00 Knit, Crochet, Looping 1:15 "GET FIT" 1:30 Wellness Clinic 1:30 Food Talk w/Lou 2:00 December Birthday Party 3:00 Happy Hour 6:30 BINGO	<b>18</b> 9:30 ROSARY 10:30 "GET FIT" 1:30 Holiday Trivia 6:15 Fireside chat 6:30 Setback
<b>22</b> 10:00 Mass/Communion 2:00 CHORALEERS Christmas Concert	<b>23</b> 10:30 "GET FIT" 1:00 CHORALEERS 1:30 Bridge Club 1:30 Mah-Jongg 101 2:30 BINGO 3:15 Coffee Hour 6:30 Movie Time	<b>24</b> 9:30 Non-Denom. Service 11:00 Knit, Crochet, Looping 1:15 "GET FIT" 1:30 Wellness Clinic 3:00 Happy Hour 6:30 BINGO	<b>25</b> 
<b>29</b> 10:00 Mass/Communion 2:00 Music w/Don	<b>30</b> 10:30 "GET FIT" 1:00 CHORALEERS 1:30 Bridge Club 1:30 Mah-Jongg 101 2:30 BINGO 3:15 Coffee Hour/Mandalas 6:30 Resident New Year's Eve Celebration	<b>31</b> 9:30 Non-Denom. Service 11:00 Knit, Crochet, Looping 1:15 "GET FIT" 1:30 Wellness Clinic 2:00 Orchards Cooks 3:00 Happy Hour 6:30 BINGO	<b>*Check            activ</b>

# Happenings



	Thursday	Friday	Saturday
<b>COOKIE DAY</b>  Festival of	<b>5</b> 10:30 Slots Ball <b>11:00 Christmas Tree Shop</b> 1:15 "GET FIT" 3:00 Happy Hour 3:30 Holiday Famous Faces 6:30 BINGO	<b>6</b> <b>10:00 Stop &amp; Shop</b> 10:30 Public Library visit 1:45 BINGO 2:00 Scrabble/Rummikub 3:15 Coffee & Mandalas 4:15 Cheerleaders Holiday 6:30 Cordials/Trivia	<b>7</b> 10:00 "GET FIT" Video 11:00 ROSARY No Movie Matinee Today 3:00 Happy Hour 3:15 Coffee Hour 6:30 BINGO
y Luncheon mas Cards  ee Hour	<b>12</b> 10:30 Slots Ball w/Heidi 1:15 "GET FIT" 5-7:30pm Resident/Family Holiday Christmas Party	<b>13</b> <b>10:00 Stop &amp; Shop</b> 1:45 BINGO 2:00Scrabble/Rummikub 6:30 Cordials/Trivia	<b>14</b> 10:00 "GET FIT" Video 11:00 ROSARY 1:45 Christmas Movie Matinee 3:00 Happy Hour 3:15 Coffee Hour 6:30 BINGO
"Traditions"	<b>19</b> 10:30 Slots Ball w/Heidi 1:15 "GET FIT" 3:00 Caroling w/SHS 3:00 Happy Hour <b>6:00 Goodwin Park Holiday Lights</b> 6:30 BINGO	<b>20</b> <b>10:00 Stop &amp; Shop</b> 10:00 Health Presentation w/ Sandy 1:45 BINGO 2:00 Scrabble/Rummikub 6:30 Cordial/Trivia	<b>21</b> <u>WINTER BEGINS</u> 10:00 "GET FIT" w/Video 11:00 ROSARY 1:45 Christmas Movie Matinee 3:00 Happy Hour 3:15 Coffee Hour 6:30 BINGO
	<b>26</b> <b>10:00 Crèches, Nativity Scenes, New Haven</b> 12:30 Sunshine Committee 1:15 "GET FIT" 3:00 Happy Hour 6:30 BINGO	<b>27</b> <b>10:00 Stop &amp; Shop</b> 12:00 Book Club Luncheon 1:45 BINGO 2:00 Scrabble/Rummikub 3:15 Coffee & Crosswords 6:30 Cordial/Trivia	<b>28</b> 10:00 "GET FIT" w/ Video 11:00 ROSARY 1:15 Movie Matinee 3:00 Happy Hour 3:15 Coffee Hour 6:30 BINGO

Check the daily for  
activity locations\*

*Calendar subject to  
change*

# The Orchards at Southington



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**Friends** from page 1

and Joy has played with for years.

This is where a true bond of friendship comes into play. Jane offered to travel from Milford to visit The Orchards on a weekly basis to teach, coach and assist our newly founded Mahjong group. Residents at first were apprehensive and just wanted to observe. Jane used a few of her own techniques to help others learn the game. She wrote her own step-by-step rules and even labeled the tiles with pictures for an easier learning process of this difficult game.

With Jane's patience and reassurance, The Orchards' Mahjong players were well on their way. Our players now meet weekly, coordinated by Heidi Coughlin, recreation coordinator, here at The Orchards.

*"A friend is one of the nicest things you can have and one of the best things you can be." – Douglas Pagels. "If you find true friendship keep it, take care of it and love it wholeheartedly."*

We at The Orchards would like to express our deepest gratitude to Jane for her generous support and kindness and to Joy for sharing her dear friend with us.



Visit The Orchards of  
Southington on Facebook!

## The Orchards at Southington



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For more information, call  
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