

January 2019/Vol. 5, No. 1

By Carol Volpe, Activities Director

## The Orchards' cherishes holiday season tradition

Traditions: Important in building strong family relationships passed from one generation to the next through stories, beliefs or customs. They remind us to stop the busy cycle of life long enough to reconnect and build bonds.

See **Tradition** on page 4



Above: Elizabeth K., right, and guests select party favors.

Left: Resident Toni H., right, samples the appetizers.



Above: Christine Solimini-Swift, exercise specialist, left, and resident Marion L. share the holiday spirit.



Above: Resident Mary Z. enjoys a fireside chat.



Above: Resident Pat B., right, shows her fine dancing style.























<b>Sunday(s)</b> 10:00am CATHOLIC MASS Channel 11 TV & Communion Community Room 3:00pm SETBACK Card Corner 3:15pm COFFEE & CONVERSATION Country Kitchen 6:30pm CARDS Country Kitchen	<b>Monday(s)</b> 10:30am "GET FIT" w/Christine Community Room 1:00pm BRIDGE CLUB Veranda Dining Room 2:30pm BINGO Community Room 3:15pm COFFEE & CONVERSATION Country Kitchen 6:30pm CARDS Country Kitchen	<b>Tuesday(s)</b> 9:30am Non-DENOM Service w/ Pastor Victoria Triano South Living Room 12:15pm BOWLING @ Apple Valley Lanes 1:15pm "GET FIT" w/Chris Community Room 1:30pm WELLNESS CLINIC 3rd floor 3:00pm HAPPY HOUR - Pub 6:30pm CARDS Country Kitchen 6:30pm BINGO Community Room	<b>Wednesday(s)</b> 9:30am ROSARY South Living 9:45am BIBLE STUDY w/ Rev. Ron Private Dining 10:30am "GET FIT" Community 6:30 pm SETBACK North Living
---	---	---	--

# JANUARY 2019

<p>Sign up for out trips with our receptionist</p>		<p>1</p>  <p>Happy New Year</p>	<p>2</p> <p style="text-align: right;"><u>2:00pm</u> Noodle/Balloon Vol Community Room <u>3:00pm</u> Resident/Staff Council Meeting Community Room</p>
<p>6</p> <p style="text-align: center;"><u>2:00pm</u> Girl Scout Troop Craft With Residents Community Room</p>	<p>7</p> <p style="text-align: center;">9:00am—6:00pm <b>BLOOD DRIVE TODAY</b> Community Room</p>  <p style="text-align: center;">American Red Cross</p>	<p>8</p> <p style="text-align: center;"><u>2:00pm</u> "Loopity Loops" Craft No Crochet Hooks or Crochet Needles— just hands! Private Dining Room</p>	<p>9</p> <p style="text-align: right;"><u>12:00pm</u> Men's Group Lu The R  <u>3:30pm</u> Veteran's Coffee H w/Wayne Rioux -</p>
<p>13</p> <p style="text-align: center;"><u>2:00pm</u> Ice Cream Social Country Kitchen</p> 	<p>14</p> <p style="text-align: center;"><u>10:00am</u> Out Trip - Walmart</p> 	<p>15</p> <p style="text-align: center;"><u>2:00pm</u> Musical Entertainment w/Accordion player Dave</p> 	<p>"Winter Wonderla Show present w/ Roger He Community R</p> 
<p>20</p> 	<p>21 <b>Martin Luther King Jr. Day</b></p> 	<p>22</p> <p style="text-align: center;"><u>2:00pm</u> Let's play: Famous Faces Past and Present North Living Room</p> 	<p>23</p> <p style="text-align: right;"><u>2:00pm</u> Noodle/Balloon Volleyball w/Carol Community Room</p>  <p style="text-align: right;"><u>1:</u> Food Clarib Commun</p>
<p>27</p> <p style="text-align: center;"><u>2:00pm</u> Ice Cream Social Country Kitchen</p> 	<p>28</p> <p style="text-align: center;"><u>1:00pm</u> Out Trip TJMaxx and Dollar Store</p> 	<p>29</p> <p style="text-align: center;"><u>2:00pm</u> Orchards Cooks Country Kitchen National "Corn Chip" Day <u>6:30pm</u> Genealogy Group Community Room</p> <p>Bingo—MacIntosh Dining Rm.</p>	<p>30</p> <p style="text-align: right;"><u>1:30pm</u> Sunshine Committe South Living Room</p> <p style="text-align: right;"><u>2:00pm</u> Blankets for Babie South Living Room</p>

	<b>Thursday(s)</b>	<b>Friday(s)</b>	<b>Saturday(s)</b>
(s)  Room BY Brown ng Room w/Chris y Room Cards g Room	1:15pm "GET FIT" w/Christine Community Room 3:00pm HAPPY HOUR - Pub 6:30pm CARDS Country Kitchen 6:30pm BINGO Community Room	10am OUT TRIP to Stop & Shop 1:45pm BINGO Community Rm 3:15pm COFFEE & Conversation Country Kitchen 6:30pm CARDS Country Kitchen 6:30pm CORDIALS & Trivia North Living Room 6:30pm POKER North Living Room	10:00am "GET FIT" "Video Community Room 11:00am ROSARY - Private Dining Room 1:15pm Movie Matinee Community Room 3:00pm HAPPY HOUR - Pub 3:15pm COFFEE & Conversation Country Kitchen 6:30pm BINGO- Community Room 6:30pm CARDS - Country Kitchen

# The Orchards at Southington

Volleyball m  	3 2:00pm Musiscal Entertainment w/John DeSorbo Community Room 	4 2:00pm National Trivia Day Trivia w/Carol North Living Room 	5 10:00am "GET FIT" w/ Video Community Room 1:15pm Science Fiction Day Movie Matinee "GRAVITY" Community Room  
Luncheon Pub Hour The Pub	10 11:00am-1:00pm Pasta Station Luncheon MacIntosh & Veranda D.R.'s 2:00pm Noodle/Balloon Volleyball w/Carol Community Room 	11 	12 10:00am "GET FIT" w/Video Community Room  1:15pm Movie Matinee Community Room 
and" Slide ation art room	17 2:00pm Singalong by the Piano W/Sue South Living Room 	18 2:00pm Scrabble w/Carol South Living Room 	19 10:00am "GET FIT" w/Video Community Room  1:15pm Movie Matinee Community Room "National Popcorn Day" 
 30pm Talk w/ el ity Room	24 2:00pm National "Thank You" Month Let's make Thank You notecards w/Carol Community Room 	25 	26 10:00am "GET FIT" w/Video Community Room  1:15pm Movie Matinee Community Room 
e s	31 12:00pm Orchards Book Club Lunch - The Pub  2:00pm Music with Mick Iarusso January Birthday Party Community Room  	<p>Events listed on the top of calendar are regularly scheduled weekly functions at The Orchards. Residents will be notified of any change in schedule or location if necessary. All residents are welcome and encouraged to attend out trips. All trips are weather permitting.</p>	

# The Orchards at Southington



Connect to healthier.™

34 Hobart St., Southington, CT 06489  
860-628-5656 - [southingtonorchards.org](http://southingtonorchards.org)

## Tradition from page 1

The Orchards family has established such a tradition throughout the years. As each holiday season approaches, plans go into effect to prepare and ready for a spectacular event. Residents, families and friends come together to celebrate this time-honored tradition.

Our celebration is a wonderful time of year to get together, share good food, entertainment and laughter while being mindful of all we are thankful for. It is a social gathering to strengthen family bonds, create new holiday memories while holding past memories close. This year's holiday party on Dec. 13 was no exception.

For many years to come, The Orchards community plans to continue the holiday season tradition started long ago. We wish everyone a wonderful new year!

## Write a Google review!

Now is your chance to let the world know about your personal experience with The Orchards at Southington and write a review.

It's easy. Visit [www.google.com](http://www.google.com) and enter "The Orchards at Southington." On the right-hand side, you will see a box labeled "The Orchards" and a blue link to where you can write your review.

We'd love to hear from you!  
Your opinion means a lot to us  
and we thank you for sharing it.

## The Orchards at Southington



Connect to healthier.™

For more information, call  
Antoinette Ouellette, *retirement counselor*,  
The Orchards at Southington  
at 860.628.5656  
34 Hobart Street, Southington, CT 06489  
[southingtonorchards.org](http://southingtonorchards.org)