

July 2018/Vol. 4, No. 7

By Carol Volpe, Activities Director

## Two Orchards' employees receive Legacy Awards

Thirteen Hartford HealthCare Senior Services employees – including two from The Orchards - who have distinguished themselves through their dedication and work ethic were honored at the Legacy Awards Celebration held in May at Hawk's Landing Country Club. Honorees received either the Trish Walden Legacy Award - Excellence in Resident-Centered Care or the Clarence J. Silvia Legacy Award - Leadership Behaviors in Action.

Carol Volpe, activities director, and Andrea Hallock, environmental services aide, were The Orchards' honorees. Volpe received the Trish Walden Legacy Award and Hallock received the Clarence J. Silvia Legacy Award.



Photo by Jeff Evans

Gathering at the Legacy Awards are, from left, Audrey Vinci, Carol Volpe, Andrea Hallock and Kathy Johnson, of The Orchards.

The Excellence in Resident-Centered Care Legacy Award, named after Trish Walden, former vice president of Hartford HealthCare Senior Services, recognizes HHCSS employees who embody the mission of resident-centered care. Nominees do not need to be direct caregivers, but they should know what is important to residents – and they do whatever they can to see that residents feel fulfilled physically, spiritually and emotionally.

See **Legacy** on page 4

## The Orchards at Southington receives Activate Southington grant


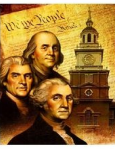
















LeaAnn Blanchard, director of social services at The Orchards, third from left, gathers with members of Activate Southington and other grant recipients outside the Southington YMCA Women's Health & Wellness Center on May 21. Blanchard's program, "Laughter with LeaAnn," received funding to support its expansion.

The program incorporates laughter, breathing exercises and stress relief to support better health in mind and body. Activate Southington is an ongoing initiative to improve the overall health and wellness of Southington residents.

<b>Sunday(s)</b> 10:00am CATHOLIC MASS Channel 11 TV and Communion Community Room 3:00pm SETBACK South Living Room 3:15pm COFFEE & CONVERSATION Country Kitchen 6:30pm CARDS Country Kitchen	<b>Monday(s)</b> 10:30am "GET FIT" w/ Christine Community Room 1:00pm CHORALEERS Community Room 1:30pm BRIDGE CLUB Veranda Dining Room 2:30pm BINGO Community Room 3:15pm COFFEE & CONVERSATION Country Kitchen 6:30pm CARDS Country Kitchen	<b>Tuesday(s)</b> 9:30am Non-Denominational SERVICE w/ Pastor Victoria Triano - South Living Room 1:15pm "GET FIT" w/Chris Community Room 1:30pm WELLNESS CLINIC Third floor 3:00pm HAPPY HOUR Pub 6:30pm CARDS Country Kitchen 6:30pm BINGO Community Room or MacIntosh Dining Room	<b>Wednesday(s)</b> 9:30am ROSARY South Living 10:30am "GET FIT" Community 6:30pm SETBACK South Living
1  2:00pm Ice Cream Bars Country Kitchen  	2  1:30pm Craft w/ Laure-Jo - Patriotic Bracelets Community Room  	3  11:30am-1:00pm July 4th BBQ Outdoors (weather permitting) 2:00pm Music w/Paul Schlien  	4  <b>Happy 4th of July</b>   
8  2:00pm Ice Cream Social Country Kitchen  	9  10:00am Out Trip - TJ Maxx and Dollar Store  	10  10:00am Noodle/Balloon Volleyball w/Carol Community Room  	11  12:00pm Men's Group Luncheon The Pub  3:00pm Resident Council Meeting  
15  2:00pm Ice Cream on a stick Country Kitchen  	16  1:30pm Out Trip - Barnes Museum Two Centuries of Hats Exhibit  	17  2:00pm Food Talk w/Claribel Community Room  	18  10:30am Out Trip and Luncheon Red White and Blue Store, Waterbury <b>Senior Day</b>  
22  2:00pm Ice Cream Floats Country Kitchen  	23  11:45am Out Trip - Starplex Cinema Southington  	24  2:00pm Musical Entertainment w/Brian Gillie Community Room  	25  11:30am-1:00pm Resident Breakfast Community Room 1:30pm Sunshine Grange 2:00pm Blankets for Babies  
29  2:00pm Making Ice Cream Cones Country Kitchen  	30  	31  2:00pm Orchards' Cooks Country Kitchen  	Events listed on scheduled week Residents will be schedule or local welcome and en trips are weathe

s)	<b>Thursday(s)</b>	<b>Friday(s)</b>	<b>Saturday(s)</b>
Room w/Chris y Room CARDS Room	1:15pm "GET FIT" w/Christine South Living Room 3:00pm HAPPY HOUR - PUB 6:30pm CARDS Country Kitchen 6:30pm BINGO Community Room	10:00am OUT TRIP to Stop & Shop 1:45pm BINGO Community Room 3:15 pm COFFEE & CONVERSATION Country Kitchen 6:30pm CARDS Country Kitchen 6:30pm CORDIALS & CONVERSATION South Living Room 6:30pm POKER South Living Room	10:00am "GET FIT" w/video Community Room 11:00am ROSARY Private Dining Room 1:15pm MOVIE MATINEE Community Room 3:00pm HAPPY HOUR in Pub 3:15pm COFFEE & Conversation - Country Kitchen 6:30pm CARDS Country Kitchen 6:30pm BINGO Community Room

<b>July</b> 	5 <u>2:00pm</u> History Remembered with Bob - "Tribute to our Founding Fathers" Community Room 	6 	7 <u>10:00am</u> "GET FIT" w/ Video Community Room  <u>1:15pm</u> Movie Matinee Community Room
Luncheon  t/Staff Meeting ity Room	12 <u>11:30am-1:00pm</u> Polish Luncheon w/strolling accordion player Dave G. MacIntosh and Veranda Dining Rooms 	13 <u>2:00pm</u> Scrabble w/ Carol South Living Room 	14 <u>10:00am</u> "GET FIT" w/ Video Community Room  <u>1:15pm</u> Movie Matinee Community Room
h e Thrift  	19 <u>2:00pm</u> July Birthday Party w/music by "After All" Community Room  	20 <u>10:00am</u> Out Trip - New London Lighthouse Cruise and lunch 	21 <u>8:00am-1:00pm</u> Blood Drive Community Room 
0pm nch oom  oup  	26 <u>2:00pm</u> Porch Talk and watermelon w/Carol 	27 <u>11:00am-1:00pm</u> Leslie Jewelry South Living Room 	28 <u>10:00am</u> "GET FIT" w/video Community Room <u>1:15pm</u> Movie Matinee Community Room 

the top of calendar are regularly  
ly functions at The Orchards.  
e notified of any change in  
tion if necessary. Residents are  
couraged to attend out trips. All  
er permitting.

**JULY 2018**  
**Please register for out trips  
with our receptionist**

# The Orchards at Southington



Connect to healthier.™

34 Hobart St., Southington, CT 06489  
860-628-5656  
[southingtonorchards.org](http://southingtonorchards.org)

## Legacy from page 1

The Leadership Behaviors in Action Award, named in honor of Clarence J. Silvia, former president of The Hospital of Central Connecticut, recognizes HHCSS employees with a strong work ethic and a belief in this mission of serving seniors. In their interactions, they exhibit Hartford HealthCare's 10 leadership behaviors.

Other Trish Walden Legacy Award recipients were: Kate Rabinoff, resident service coordinator, Arbor Rose, New Britain; Awa Jeng, resident care attendant, Cedar Mountain Commons, Newington; Pam Brown, social worker, Jefferson House, Newington; Lori Lyons, physical therapist, Jerome Home, New Britain; Anisah Gaffar, CNA, Mulberry Gardens of Southington; and Cathy Chattelle, physical therapist, Southington Care Center.

Those who also received the Clarence J. Silvia Legacy Award were: Lou Roca, director of dining services, Cedar Mountain Commons; Janele McAdams, nurse educator, Jefferson House; Norm Aldrich, building services director, Jerome Home; Lorraine Belas, waitstaff, Mulberry Gardens; and Richard Poitras, cook, Southington Care Center.

"Congratulations to all our award winners - you all do remarkable work every day. Never forget why you do this: to provide quality care for our seniors and frail elders," said Sharon Robinson RN, BSN, MHA, regional director of Skilled Nursing Facilities Operations, Hartford HealthCare Senior Services.

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For more information, call  
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