

August 2019/Vol. 5, No. 8

By Carol Volpe, Activities Director

## Volunteers' skills and interests enhance life at The Orchards

**M**ary Klemovich, a Southington resident, has two passions: yarn crafts and helping others. She has successfully combined both interests through her volunteering at The Orchards where she leads a group to create a colorful variety of lap blankets, caddy bags, hats and scarves. She and The Orchards residents have donated dozens of the items to various local causes including Southington Community Services, Hospital of Central Connecticut in New Britain, and Southington Care Center.

Stacia A., a resident, introduced Loopity Loops, a finger knitting craft that she learned about from her granddaughter. "It's a nice hobby and a stress reliever," she said. Stacia also likes passing her creations on. "It's nice to share something you do well and to see where it goes." Now she has other residents involved when they gather weekly on Tuesday mornings. Often participants continue



Residents display some of the items they have made to donate to special causes.

their projects on their own – they always attract conversation when they have a pile of yarn by their side while they are seated in a common living room.

At the annual Volunteer Recognition Night held in April, Activities Director Carol Volpe honored the individuals that are instrumental in leading a variety of programs and interests. These included the Blankets for Babies, Sunshine Committee, Hospitality Club, Southington Bread for Life community food program, flower arranging to beautify the community, bowling, The Orchards library, bingo, Girl Scouts, American Legion Post 72, Southington Veterans Committee, the Rosary Group led by Eucharistic ministers, and those who restock the resident stores.

"Nothing is as strong as the

See **Volunteers** on page 4



Peter H. is diligent about keeping The Orchards library organized and current.

Sunday	Monday	Tuesday	Wednesday
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**August 2019**  
calendar subject to change

\*Check the activity lo

<p><b>4</b> 10:00 Mass/Communion</p> <p>2:00 Ice Cream Cookie Social</p> <p>3:00 <i>Lés Miserables Part 1</i></p>	<p><b>5</b> 10:30 "Get Fit" 1:00 CHORALEERS 1:30 Bridge Club 1:30 Mah-jongg 101 2:30 BINGO 3:15 Coffee Talk w/Heidi 6:30 NETFLIX MOVIE</p>	<p><b>6</b> 11:00 Knit, Crochet, and Loop D' Loops 1:30 Wellness Clinic 1:15 "Get Fit" 2:00 "Eye Know Trivia" 3:00 Happy Hour 6:30 BINGO</p>	<p><b>7</b> 9:30 ROSARY 10:30 "Get Fit" 12:00 Men's Gr 1:30 Rock Pain 3:00 Rummikub 3:30 Veterans C 6:30 NETFLIX M 6:30 Setback</p>
<p><b>11</b> 10:00 Mass/Communion</p> <p>2:00 Ice Cream Floats</p> <p>3:00 <i>Lés Miserables Part 2</i></p>	<p><b>12</b> 10:30 "Get Fit" 1:00 CHORALERS 1:30 Bridge Club 1:30 Mah-jongg 101 2:30 BINGO 3:15 Coffee and Crosswords w/Heidi 6:30 NETFLIX MOVIE</p>	<p><b>13</b> <b>10:00-HILLSTEAD MUSEUM TRIP</b> 11:00 Knit, Crochet, and Loop D' Loops 1:15 "Get Fit" 1:30 Wellness Clinic 3:00 Happy Hour 6:30 BINGO</p>	<p><b>14</b> 9:30 ROSARY 10:30 "Get Fit" 2:00 History Pr w/ Bob 3:00 Rummikub 6:30 NETFLIX M 6:30 Setback</p>
<p><b>18</b> 10:00 Mass/Communion</p> <p>2:00 Ice Cream Social</p> <p>3:00 <i>Lés Miserables Part 3</i></p>	<p><b>19</b> 10:30 "Get Fit" 1:00 CHORALEERS 1:30 Bridge Club 1:30 Mah-jongg 101 2:30 BINGO 3:15 Coffee Talk w/ Heidi 6:30 NETFLIX MOVIE</p>	<p><b>20</b> 11:00 Knit, Crochet, and Loop D' Loops <b>11:30 LEWIS FARMS TRIP</b> 1:15 "Get Fit" 1:30 Wellness Clinic 2:00 Music w/ Jose Paolo 3:00 Happy Hour</p>	<p><b>21</b> 9:30 ROSARY 10:30 "Get Fit" 2:00 Famous F 3:00 Rummikub 6:30 NETFLIX M 6:30 Setback</p>
<p><b>25 *National Banana Split Day*</b></p> <p>10:00 Mass/Communion</p> <p>1:00 <i>Lés Miserables Part 4</i></p> <p>2:00 Banana Splits</p>	<p><b>26 *National Potato Day*</b> 10:30 "Get Fit" 1:00 CHORALEERS 1:30 Bridge Club 1:30 Mah-jongg 101 2:30 BINGO 3:15 Coffee and Crosswords w/Heidi 6:30 NETFLIX MOVIE</p>	<p><b>27</b> 11:00 Knit, Crochet, and Loop D' Loops 1:30 Wellness Clinic 1:15 "Get Fit" 3:00 Happy Hour 6:30 BINGO 6:30 Genealogy Group</p>	<p><b>28</b> 9:30 ROSARY 10:30 "Get Fit" 2:00 Resident C 3:00 Beltone H 3:00 Rummikub 6:30 NETFLIX M 6:30 Setback</p>

# appenings

	Thursday	Friday	Saturday
daily for ications*	<b>1</b> 10:30 Slots Ball w/ Heidi 11:30 Popcorn Game 1:15 "Get Fit" 2:00 Food Talk with Claribel 3:00 Happy Hour 6:30 BINGO	<b>2 10:00 Stop &amp; Shop</b> 10:00 "Kindness Matters" 1:45 BINGO 2:00 Scrabble and Rummikub 3:15 Coffee and Mandalas w/ Heidi 6:30 Cordials/Trivia <b>*National Beer Day*</b> <b>Flight Night Beer and wine</b>	<b>3</b> 10:00 "Get Fit" Video 11:00 ROSARY 1:45 Movie Matinee 3:00 Happy Hour 3:15 Coffee Hour 6:30 BINGO
roup Lunch ating w/ Heidi o Coffee Hour MOVIE	<b>8</b> 10:30 Slots Ball w/ Heidi 1:15 "Get Fit" 2:00 Singing with David 3:00 Happy Hour 6:30 BINGO	<b>9 10:00 Stop &amp; Shop</b> 10:00 Nutrition Class 1:45 BINGO 2:00 Scrabble and Rummikub 3:00 Aerial Connecticut and discussion 6:30 Cordials/CT Trivia	<b>10</b> 10:00 "Get Fit" Video 11:00 ROSARY 1:45 Movie Matinee 3:00 Happy Hour 3:15 Coffee Hour 6:30 BINGO
resentation o MOVIE	<b>15</b> <b>Leslie Jewelry</b> 10:30 Slots Ball w/ Heidi 1:15 "Get Fit" 2:00 Music w/ John Condie 3:00 Happy Hour 6:30 BINGO	<b>16 10:00 Stop &amp; Shop</b> 10:00 Dementia talk with Sandy 1:45 BINGO 2:00 Scrabble and Rummikub 3:30 Coffee and Comedy w/ Sarah 6:30 Cordials and Trivia	<b>17</b> 10:00 "Get Fit" Video 11:00 ROSARY 1:45 Movie Matinee 3:00 Happy Hour 3:15 Coffee Hour 6:30 BINGO
aces Game o MOVIE	<b>22</b> 10:30 Slots Ball w/ Heidi 12:30 Sunshine Club 1:15 "Get Fit" 2:00 August Birthday Party 3:00 Happy Hour-Pub 6:30 BINGO	<b>23</b> <b>10:00 Stop &amp; Shop</b> 1:45 BINGO 2:00 Scrabble and Rummikub 3:15 Coffee and Crosswords w/ Heidi 6:30 Cordials and Trivia	<b>24</b> 10:00 "Get Fit" Video 11:00 ROSARY 1:45 Movie Matinee 3:00 Happy Hour 3:15 Coffee Hour 6:30 BINGO
Council earing o MOVIE	<b>29</b> 10:45 Slots Ball w/ Heidi 1:00 Word Games 1:15 "Get Fit" 2:00 Painting with Paul 3:00 Happy Hour 6:30 BINGO	<b>30</b> <b>10:00 Stop &amp; Shop</b> 12:00-Book Club Luncheon 1:45 BINGO 2:00 Scrabble and Rummikub 3:15 Coffee and Mandalas with Heidi 6:30 Cordials and Trivia	<b>31</b> 10:00 "Get Fit" Video- 11:00 ROSARY 1:45 Movie Matinee 3:00 Happy Hour 3:15 Coffee Hour 6:30 BINGO

# The Orchards at Southington



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**Volunteers** continued from page 1

heart of a volunteer,” Carol said.

Each year, a special volunteer is honored with the Pearl Award, also known as the Good Neighbor Award, which was established in honor of a former resident, Pearl T. who was known for how she always welcomed people and brightened everyone’s day. The 2019 Pearl Award recipient was Vivian F. who is dedicated to sending out cheer cards, helps with events, makes sure every person has a walker bag, and is involved with the Monday morning church group. “Vivian is kind and caring, and never expects recognition. We can’t begin to thank you,” Carol said as she presented her with a gift.

Other Pearl Award recipients include: Peter H. – 2016; Frances C. – 2017; and Anna L. – 2018.

“Residents and staff are extremely blessed by our volunteers. We can’t begin to thank you for all you do,” she said, adding the volunteers deserve recognition each day, not just annually.

Volunteers, whether residents or the public - are always welcome at and opportunities change as new programs or special interests are introduced. The community would love a piano player to lead singalongs with residents. For more information about volunteering, call Carol Volpe, activities director, at 860.628.5656.

## The Orchards at Southington



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For more information, call  
Antoinette Ouellette, *retirement counselor*,  
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