

The Orchards
at Southington
Connect to healthier.™

34 Hobart St., Southington, CT 06489
860-628-5656
southingtonorchards.org

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MyHealthy Advantage is a Hartford HealthCare Center for Healthy Aging club membership program dedicated to the health and wellness of area residents 55 and above, at no charge. Each year you will receive four free issues of "Advantage News" with healthy living articles, area events and offerings from local merchants. To become a MyHealthy Advantage member, please visit <https://hhcseniorservices.org>; write MyHealthy Advantage coordinator, Hartford HealthCare Senior Services, 80 Meriden Ave., Southington, CT 06489; or call 860.378.1268.

For more information, call Jessica Baillargeon Retirement Counselor, at 860.628.5656 34 Hobart Street Southington, CT 06489 southingtonorchards.org

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Tell us!

We'd love to read your review of The Orchards at Southington! Just go to www.google.com, search "The Orchards at Southington" and click in the right-hand box on "write a review." Thank you!

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Monthly News

A newsletter dedicated to residents and family members of The Orchards

January 2018/Vol. 4, No. 1

By Carol Volpe, Activities Director

Celebrating the Holiday Season 'Orchards Style'

On the evening of Dec. 20, residents, staff and their families gathered together for The Orchards annual cocktail party in celebration of the upcoming holiday season. The house was festively decorated while guests mingled with merriment and warm wishes, anticipating the special holiday ahead and celebrating in the true spirit of Christmas.

Tables were laden with a delicious variety of hot and cold hors d'oeuvres and scrumptious desserts to satisfy everyone's palate. Music by duo, Nancy and Nick from "After All," played throughout the evening while mingling with guests who sang along or danced to their favorite tunes. It was a wonderful evening.

I wish you and your families a happy, healthy and meaningful New Year and leave you with these inspiring words by poet, Joanna Fuchs:



































*In the New Year,
We wish you the best year you've ever had,
And that each new year will be better than the last.
May you realize your fondest dreams
And take time to recognize and enjoy each and every blessing.
Happy New Year!*



Above: Resident Anna L., right, celebrates with daughter, Nancy.
Left: Resident Elaine C., right, and her brother, Roger, enjoy the festivities.

Sunday(s)	Monday(s)	Tuesday(s)	Wednesday(s)	Thursday(s)	Friday(s)	Saturday(s)
10:00am CATHOLIC MASS Channel 11 TV & Communion-Community Rm 3:00pm SETBACK Card Corner 3:15pm COFFEE & Conversation Country Kitchen 6:30pm CARDS - Country Kitchen	1:00pm CHORALEERS Practice Community Room 1:30pm BRIDGE CLUB Veranda Dining Room 2:30pm BINGO Community Room 3:15pm COFFEE & Conversation Country Kitchen 6:00pm CARDS - Card Corner	9:30am Non-Denom SERVICE w/ Rev. Victoria Triano South Living Room 12:15pm BOWLING at Brunswick 1:30pm WELLNESS CLINIC 3rd floor 3:00pm HAPPY HOUR - Pub 6:30pm CARDS Country Kitchen 6:30pm BINGO Community Room	9:30am ROSARY South Living Room 10:00 am BIBLE STUDY Private Dining Room 6:30 pm SETBACK Cards North Living Room	3:00pm HAPPY HOUR - Pub 6:30pm CARDS Country Kitchen 6:30pm BINGO Community Room	10:00am MORNINGS W/ ANN Community Room 1:00pm STOP & SHOP 1:45pm BINGO - Comm. Room 3:15pm COFFEE & Conversation Country Kitchen 6:30pm CARDS Country Kitchen 6:30pm CORDIALS & Conversation - South Living Rm	10:00am "GET FIT" Video Community Room 3:00pm HAPPY HOUR - Pub 3:15pm COFFEE & Conversation - Country Kit. 3:15pm ROSARY GROUP South Living Room 6:30pm CARDS Country Kitchen 6:30pm BINGO Community Room
<h1>JANUARY 2018</h1>			<h1>The Orchards at Southington</h1>			

	1 	2 2:00pm "Apples to Apples" game with Carol Private Dining Room 	3 2:00pm Noodle/Balloon Volleyball Community Room 3:00pm Resident Council Meeting Community Room 	4 1:00pm Craft w/ Sue Reilly Community Room 	5 12:00pm Book Club Luncheon - The Pub 3:00pm Fireside chat with Carol Library 	6 10:00am "GET FIT" w/ Video Community Room 
7 2:00pm Ice Cream Social Country Kitchen 	8 10:00am Out Trip—Walmart 	9 10:00am Laughter with LeaAnn 2:00pm Music w/Don Szamier Community Room 	10 2:00pm Color Group North Living Room 	11 9:00am—6:00pm BLOOD DRIVE IN COMMUNITY ROOM TODAY 2:00pm Scrabble w/Carol South Living Room 	12 	13 10:00am "GET FIT" w/Video Community Room 1:15pm Movie Matinee Community Room 
14 2:00pm Music w/Accordion Player Dave Glokowski Community Room 	15 	16 2:00pm Food Talk w/Claribel Community Room 	17 2:30-3:30pm A Masterpiece Series "Poldark" begins Community Room 	18 1:30pm Noodle/Balloon Volleyball Community Room 	19 3:00-4:00pm Masterpiece Series "Poldark" continues Community Room 	20 10:00am "GET FIT" w/Video Community Room 1:15pm Movie Matinee Community Room 
21 2:00pm Ice Cream Social Country Kitchen 	22 	23 2:00pm Music w/John Desorbo Community Room 6:30pm Genealogy Group Community Room Bingo/MacIntosh Tonight	24 2:30-3:30pm Masterpiece Series "Poldark" continues Community Room  6:30pm So. Arts & Crafts Community Room	25 2:00pm Music with Mick Iarusso January Birthday Party Community Room 	26 3:00-4:00pm Masterpiece Series "Poldark" continues Community Room 	27 10:00am "GET FIT" w/Video Community Room 1:15pm Movie Matinee Community Room 
28 	29 10:00am Out Trip To Southington Public Library 	30 2:00pm Orchards Cooks Country Kitchen 	31 1:30pm Sunshine Committee South Living Room 2:00pm Blankets for Babies South Living Room 2:30-3:30pm Masterpiece Series "Poldark" continues Community Room 	Sign up for out trips with our receptionist 	Events listed on the top of calendar are regularly scheduled weekly functions at The Orchards. Residents will be notified of any change in schedule or location if necessary. All residents are welcome and encouraged to attend out trips. All trips are weather permitting.	