

Dining continued from page 1

New York City where she was responsible for overseeing their \$8 million retail cafeteria as the manager. She was later transferred to a long-term living and rehabilitation community in Rye Brook, New York as a food service director. After many years in New York, Claribel decided to relocate to Connecticut to be closer to her family.

Claribel has been here for a short time but has already exhibited her enthusiasm and love for what she does. She is always visible in the dining rooms overseeing her staff and chatting with the residents, always intent on pleasing. She has begun a Wednesday morning breakfast station in the dining room offering a variety of breakfast entrees including waffles, fruited pancakes and made-to-order omelets. She recently implemented the Sunday Morning Brunch for our residents which was met with huge success and will continue monthly. Her first big venue, our Annual Family Picnic, was coordinated and spearheaded by Claribel, hosting over 200 attendees. It was a tremendous success and continues to receive high praises.

When not at The Orchards, Claribel enjoys spending time with her family and volunteering at a local animal shelter helping in any way she can. She has a love for animals and has rescued a few of her own. She loves Zumba and calls it “the best dance fitness ever.” Claribel said she is very happy being part of The Orchards family and said it is the best decision she made.

We totally agree. Welcome to The Orchards, Claribel!

Happy 70th anniversary!



Joe and Edie Manley celebrated their 70th wedding anniversary in October. Originally from Meriden, they joined The Orchards family this year. Congratulations!

November 2017/Vol. 3, No. 11

By Carol Volpe, Activities Director

The Orchards welcomes new food service director



For the past few months, Claribel Fraser has been settling in as The Orchards new food service director. It is through years of determination and perseverance she has proudly earned her status today.

Claribel began her career as a cafeteria cashier at a nursing home in Washington Heights, New York City. She quickly decided to advance her career while at the nursing home and began attending LaGuardia College in Queens, majoring in dietary management. Upon completion, Claribel advanced to the position of dietary supervisor at the nursing home for the next 18 years. She then began working for a hospitality company in Mt. Vernon, New York as an assistant food service director. She was then transferred to Presbyterian Hospital in

See Dining on page 4

Annual picnic celebrates family, fun and food



Above: Ann M., left, and Pat B. model their fashionable attire. Right: Phyllis S., left, and her daughter Lynn savor their meal.

The Orchards residents and staff always look forward to the Annual Family Picnic which was held this year on Sept. 16. It featured great food, the antics of Valentine the Clown and great dancing music by Jose Paolo.

Sunday(s)	Monday(s)	Tuesday(s)	Wednesday(s)	Thursday(s)	Friday(s)	Saturday(s)
10:00am CATHOLIC MASS (Channel 11 TV) and Communion Community Room 3:00pm SETBACK - Card Corner 3:15pm COFFEE & CONVERSATION Country Kitchen 6:30pm CARDS - Country Kitchen	1:00pm CHORALEERS Practice - Community room 1:30pm BRIDGE Veranda Dining Room 2:30pm BINGO Community Room 3:15pm COFFEE & CONVERSATION Country Kitchen 6:00pm CARDS - Card Corner	9:30am NON-DENOM SERVICE w/ Pastor Triano South Living Room 12:15pm BOWLING @ Brunswick Lanes 1:30pm WELLNESS CLINIC Third Floor 3:00pm HAPPY HOUR - Pub 6:30pm CARDS Country Kitchen 6:30pm BINGO Community Room	9:30am ROSARY South Living Room 10:00am BIBLE STUDY w/ Rev. Brown Private Dining Room 6:30pm SETBACK Cards Card Corner	3:00pm HAPPY HOUR - Pub 6:30pm CARDS Country Kitchen 6:30pm BINGO Community Room	9:45am OUT TRIP to Stop & Shop 10:00am MORNING w/ Ann Minor - Community Room 1:45pm BINGO Community Room 3:15pm COFFEE & CONVERSATION Country Kitchen 6:30pm CARDS Country Kitchen 6:30pm CORDIALS & CONVERSATION South Living Room	10:00am "GET FIT" w/video Community Room 3:00pm HAPPY HOUR - Pub 3:15pm COFFEE & CONVERSATION Country Kitchen 3:15pm ROSARY GROUP South Living Room 6:30pm CARDS Country Kitchen 6:30pm BINGO Community Room

NOVEMBER 2017

Events listed on the top of calendar are regularly scheduled weekly functions at The Orchards. Residents will be notified of any change in schedule or location. All residents are welcome and encouraged to attend OUT TRIPS. Trips are weather permitting.

5 2:00pm Ice Cream Social Country Kitchen 	6 10:00am Out Trip to Walmart 	7 VOTE TODAY 2:00pm South Lobby Music w/Airborne Trio 	8 2:15pm Roger Hart Photography "Wonderland" Com. Room 6:30pm Out Trip - Southington High School Veterans Day Concert 	9 2:00pm Out Trip - Mozzicato's Bakery for coffee & dessert 	10 10:30am Veterans Day Program w/ Dan Garitta Community Room 	11 10:00am "GET FIT" with video Community Room 11:00am Redhot & Blue - A Capella Performance - Community Room DON'T MISS IT! 
12 	13 10:00am Out Trip to TJ Maxx And Dollar Store 	14 10:00am Oil Painting w/Brian - The Pub 2:00pm Food Talk w/Claribel Country Kitchen 	15 10:00am Out Trip Christmas Tree Shop and Lunch 	16 2:00pm November Birthday Party With Music by Tony Castle Community Room 	17 6:30pm Music w/Sophistication Community Room 	18 10:00am "GET FIT" with video Community Room 1:15pm Movie Matinee Community Room 
19 2:00pm Ice Cream Social Country Kitchen 	20 	21 2:00pm Music w/Jose Paulo Community Room 	22 2:00pm Craft with Carol Community Room 	23 Thanksgiving 	24 	25 10:00am "GET FIT" with video Community Room 1:15pm Movie Matinee Community Room 
26 2:00pm Music w/ Jim Sheehan Community Room 	27 	28 2:00pm Music w/Iheung Lee Classical Pianist South Living Room 6:30pm Genealogy Group Community Room Bingo MAC Dining Room	29 2:00pm Orchards Cooks Country Kitchen 1:30pm -Sunshine Club 2:00pm -Blankets for Babies 6:30pm Arts & Craft Council Community Room 	30 2:00pm Let's Play "Apples to Apples" With Carol Private Dining Room	Sign up for out trips with our receptionist	