



A monthly newsletter dedicated to our residents and family members.

January 2020

Vol. 6, No. 1

Mulberry Gardens welcomes the holidays

The holidays are a time for celebrating, feasting and gathering of family and friends. It is also a time for us to appreciate what blessings we have experienced throughout the course of the year including the memories we have shared with the ones we love.

On Dec. 8, Mulberry Gardens hosted its annual holiday brunch. This wonderful event included a lovely spread of buffet food prepared by our very own chefs, great entertainment



Above: Residents Beatrice M., center, and Pat I., right, give a big welcome to Santa and his elf, Madelyn G.



provided by harpist, Debbie Vanick, along with the Barbershop Quartet. We also enjoyed a special visit from Santa and his elf helper, Madelyn G.

Mulberry Gardens wants to thank everyone who attended the brunch and for continually creating memories with us. We hope you have a blessed year!

See more photos on page 3.

Left: Elf Madelyn G. gives a candy cane with resident Mary Z.

Happy 2020 to residents

Welcome, new residents!

January Birthdays

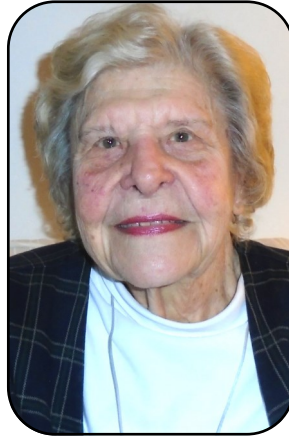


Residents

Mary Z. Jan. 3
Bob V. Jan. 5
Loretta L. Jan. 6
Mary K. Jan. 10
Genevra P. Jan. 19
Ida M. Jan. 28

Adult Day Center

James D. Jan. 11
Josephine F. Jan. 12
Charles S. Jan. 12
Shelia S. Jan. 14
Rita C. Jan. 15
Gary F. Jan. 17
Dolores M. Jan. 18



Doris N.

Doris comes to us from Waterbury. She has two children, Jon and William, and four grandchildren. Doris worked as a real estate agent and in an office. Her hobbies include oil painting and playing cards. Welcome to Mulberry Gardens, Doris!



Patricia "Patti" F.

Patti was born on Feb. 14, 1941 in Waterbury and has also resided in Southington. Patricia worked in a factory for many years and enjoys listening to old time rock and roll.

Welcome to Mulberry Gardens, Patti!

Snapshots of life at Mulberry Gardens

January Events

Jan. 3
2 p.m. Entertainment with Ashly Cruz

Jan. 7
1:30 p.m. Music with Larry Batter

Jan. 16
10:30 a.m. Music Therapy with Maggie

Jan. 17
2 p.m. Big Birthday Bash with Jose Paulo

Jan. 19
3 p.m. Piano music with David Eberly



Above: Resident Philip H. makes a new friend.



Right: Jerry W., member of the Adult Day Center, displays the Christmas tree he decorated to lend holiday cheer.

nts, family and staff!

Scenes from the holiday festivities



Above left: Family surrounds resident Katherine T., seated center, during the holiday brunch.

Above right: Resident Trudy M., seated, welcomes her visitors to the party.



Above: Resident Jeanne H., second from right, chats with her guests.

Left: Young visitors, clockwise from top, Sophia C., Olivia C. and elf Madelyn G. share their Christmas wishes with Santa.



See more Mulberry Gardens photos
on Facebook!

Mulberry Gardens of Southington



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Mulberry Gardens of Southington
58 Mulberry St.,
Plantsville, CT 06479
860.276.1020
<http://mulberrygardens.org>

Adult Day Center provides safe, nurturing option

Family members often worry about their loved ones being home alone during the day without social interaction or supervision. Mulberry Gardens of Southington offers an adult day program with engaging activities, personal care assistance, meals, entertainment and socialization in a safe, nurturing environment.

An adult day program may be ideal for an older person who needs supervision because of safety issues; is experiencing cognitive and/or physical decline; is unable to structure his or her daily activities; is unable to handle basic life skills such as preparing a simple lunch or toileting; or requires services or support that a family member cannot provide.

For more information, call Marie Terzak, 860.276.1020.

Respite care available at Mulberry Gardens caregivers support group

Living with Alzheimer's disease or a related memory disorder can be challenging and feel overwhelming for families and caregivers. Hartford HealthCare's Mulberry Gardens of Southington offers a free support group for families and caregivers on the second Tuesday of every month (Jan. 14) from 10:30 to 11:30 a.m. Facilitators Jenn Doty, BSW, social worker, and Ingrid Kausyla RN, BSN, director of wellness, provide suggestions, community support and a safe environment to listen or share thoughts and feelings.

Respite care is available during the meeting at Mulberry Gardens' Adult Day Center. Call Marie Terzak, retirement counselor, at 860.276.1020 several days in advance to make arrangements or to register for the group.