



A monthly newsletter dedicated to our residents and family members.

January 2019

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Mulberry Gardens of Southington welcomes new director

Dear residents, families and staff of Mulberry Gardens:

Mulberry Gardens of Southington is pleased to announce that effective Nov. 12, Jacquelyn Gaulin has been named the new executive director. Jacquelyn replaced Katie Mauriello, former executive director, who took the position of regional director of sales and occupancy with Hartford HealthCare Senior Services.

Jacquelyn is a seasoned executive director who has distinguished herself as having the skills, passion and heart to support Mulberry Gardens in its next chapter. She most recently served as the executive director of Benchmark Senior Living at Hamden, which is a 97-apartment assisted living and memory care community, similar in composition to Mulberry. She has extensive background in operations, care

coordination, and dementia programming. Before she joined the senior living arena, she was a social worker in the Foster Care Department in New York. Jacquelyn is a certified director of Assisted Living and has a Bachelor's Degree in Psychology from the College of the Holy Cross. She lives in Wethersfield with her husband and two children.



This transition has prompted me to reflect on the journey of Mulberry Gardens over the last three years. Katie took the rich tradition of resident-centered care established and ably led by Perry Phillips and brought us to another level. She also

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Scenes from the holidays


Residents, members of the Adult Day Centers, families and staff celebrated the holidays at the annual brunch held Dec. 9. Peter Fescoe, director of dining services, and staff presented a delicious banquet, we had wonderful entertainment and Santa stopped by! Staff and residents had worked for weeks to decorate the community in fine style for the season. And a wreath contest was held! See more photos on page 3.

Right: Resident Katherine T. and her family celebrate during the festivities.



January Birthdays

Residents

Ziggy G.	Jan. 6	
Loretta L.	Jan. 6	
Nan K.	Jan. 7	
Emogene O.	Jan. 13	
Henry M.	Jan. 19	
Genevra P.	Jan. 19	

Adult Day Center

Jim R.	Jan. 1
Charles S.	Jan. 12
Shelia S.	Jan. 14
Gary F.	Jan. 17

Marian Heights

Zofia S.	Jan. 3
Irena M.	Jan. 6
Doris S.	Jan. 7
James D.	Jan. 11
Earl D.	Jan. 14
Lucy C.	Jan. 31

Welcome to our newest resident!



Eleanor S. Dixon was on May 23, 1933 in New Britain. She was a librarian for 50 years at the East Street Branch Library. She and her husband Edward share four children Ed, Ken, Mike and Dave along with five grandchildren. Eleanor's hobbies include bowling, word puzzles and reading. She also enjoys Big Bands especially the 1940s music including Frank Sinatra.

Caregivers series focuses on dementia and person-centered care

Are you a caregiver for someone with dementia? Learn tips and strategies at free five-week education series: Thursdays, Feb. 7 through March 7, 2 to 3:30 p.m. Topics include: an overview of dementia; communication and behaviors; safety and activities; taking care of the caregiver; and legal and financial issues.

Mulberry Gardens and Hartford HealthCare Center for Healthy Aging sponsor. RSVP to Mulberry Gardens, 860.276.1020.

January Events

Jan. 2

1:30 p.m.

Entertainment with Nick and Nancy



Jan. 9

10:30 a.m. Music with Larry Batter

Jan. 17

1:30 p.m. Music Therapy with Maggie

Jan. 18

3:30 p.m. Jared Day presents a program on 1930s Song and Dance with Fred Astaire

Jan. 25

1:30 p.m. Entertainment with Ashley Cruz

Jan. 29

1:30 p.m. Entertainment with Joe Cadena, "East Chicago Joe"

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built a strong leadership team that will support Jacquelyn and ensure that residents continue to receive excellent care.

She looks forward to getting

to know each resident and family member; her door is always open.

Welcome, Jacquelyn!

- Julie Norko, regional director,
Hartford HealthCare
Senior Services

Respite care available at support group

Living with Alzheimer's disease or a related memory disorder can be challenging for families and caregivers. Mulberry Gardens offers a free support group for families and caregivers on the second Tuesday of every month 10:30 to 11:30 a.m. The next session will be Jan. 8

Facilitators provide suggestions, community support and a safe environment to listen or share thoughts and feelings. Jenn Doty, social worker, leads the group.

Respite care for loved ones in our Adult Day Center is available with prior notice. To register or arrange care, call Marie Terzak, retirement counselor, at 860.276.1020.

Celebrating the holiday season in fine style



Above: Resident Pat I. and Santa pose for a photo.



Staffers and our volunteer elf welcome Santa Claus to Mulberry Gardens.



Above: Eva P., seated on left, spends time chatting with family and friends.



Above: Resident Helen M. tells Santa her Christmas wish. Elf Matthew Johnson was Santa's helper.



Left: Resident Jane C., seated far right, has a full crowd at her table at the annual party.

Mulberry Gardens of Southington



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Adult Day Center provides a nurturing environment for your loved one

Family members often worry about their loved ones being home alone during the day without social interaction or supervision. Mulberry Gardens of Southington offers an adult day program with engaging activities, personal care assistance, meals, entertainment and socialization in a safe, nurturing environment.

An adult day program may be ideal for an older person who needs supervision because of safety issues; is experiencing cognitive and/or physical decline; is unable to structure his or her daily activities; is unable to handle basic life skills such as preparing a simple lunch or toileting; or requires services or support that a family member cannot provide because of employment.

An open house will be held at the Mulberry Gardens Adult Day Center on Saturday, Jan. 12, 10 a.m. to 2 p.m.

For more information, call Mulberry Gardens of Southington, 860.276.1020.



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of Southington



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Now is your chance to let the world know about your personal experience with Mulberry Gardens of Southington and write a review.

It's easy. Visit www.google.com and enter "Mulberry Gardens of Southington." On the right-hand side, you will see a box labeled "Mulberry Gardens of Southington" and a blue link to where you can write your review.

We'd love to hear from you! Your opinion means a lot and we thank you for sharing it.