



*A monthly newsletter dedicated to our residents and family members.*

May 2019

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## Mulberry Gardens honors longevity employees

**M**ulberry Gardens employees were recognized for their years of service at our longevity celebration held on April 3. At the event, we honored the staff who had achieved impressive milestones. Executive Director Jacqueline Gaulin presented each person with a certificate, a pin with their years of service on it

and a thank you gift.

Mulberry Gardens honorees included: 20 years - Mike Brinker, dining; Marge Slywka, dining; and Jane Stanke, reception; 15 years - Diane Dahn, adult day center; Maria Tarantino, adult day center' Sheryl Lavoie, adult

See **Honors** on page 3



Mulberry Gardens of Southington staffers gather for a group photo following a special event celebrating their years of service. Those honored ranged from five to 20 years of longevity.

## LeadingAge Connecticut honors certified nursing assistant

Victoria Clarke, CNA, has worked at Mulberry Gardens for less than one year but from her first day she has made a tremendous impact on residents' lives. In recognition of her exemplary care, on April 8 she was honored with a Caring Hands Award by LeadingAge Connecticut. She and other CNAs from across the region received

their awards at a luncheon that was held at the Aqua Turf Club, emceed by Scot Haney of WFSB-TV.

"The Caring Hands Award is a recognition of the contribution that nursing aides provide in enhancing the quality of life for older adults. The focus is

See **Caring** on page 2

# Save the date! Friday, June 14 is the 2019 Ms. Senior

Caring continued from page 1

on honoring those who exemplify the highest standards of compassion, commitment and excellence in caregiving,” according to LeadingAge Connecticut.

Ingrid Kausyla, RN, BSN, Mulberry Gardens wellness director, nominated Victoria for the honor. “Vicki has special way of making each of our residents she works with feel important, making sure they know that they matter. She makes our residents feel dignified, recognizing their unique, individual special qualities,” the nomination read in part. “She not only provides exceptional resident care, but she takes the time to get to know the residents and offers solutions and feedback to make improvements in their quality of life.”

Five other CNAs representing Hartford HealthCare Senior Services were also honored.

Congratulations, Victoria! You and our other CNAs truly enhance the quality of life for Mulberry Gardens residents. We appreciate all you do.



From left are, Jacquelyn Gaulin, executive director; Megan Nawrocki, wellness department; Victoria Clarke, CNA; and Ingrid Kausyla, director of wellness.

## Mulberry Gardens celebrates its volunteers at special luncheon

By Jacquelyn Gaulin, Mulberry Gardens executive director

Mulberry Gardens is fortunate to have a large group of very dedicated volunteers, including residents who live at the community. Almost every day these volunteers perform countless acts of kindness towards our residents that do not go unnoticed. They help with many different recreational events, but it is the personal connections that are made that help to achieve our mission of creating a warm atmosphere for everyone that lives at Mulberry.



Volunteer Charlotte Dodd dances with residents at the Volunteer Appreciation Party.

Helen Keller said, “Alone we can do so little; together we can do so much.” It is true that with the help of our volunteers we can do so much more and our residents reap the benefits of this collaboration.

A heartfelt thank you goes out to all of these amazing volunteers. Thank you for making a difference in the lives of our residents.

# Mulberry Gardens Pageant - emceed by Scot Haney!

## SNAPSHOTS: Mulberry Gardens makes memories



Gary D. views the daffodils at Hubbard Park.



Shirley Adams, CNA, center, delivers donations to Southington Community Services.



Jean L. concentrates on his art project.



Members of the Marian Heights Adult Day Center display their bright pink Easter wreaths.

### Honors continued from page 1

day center; Jenn Doty, social worker; Adrienne Junget, CNA; Priscilla Boima, CNA; Haseena Sherif, CNA; and Marie Terzak, sales; 10 years – J. J. Junget, maintenance; Jean Rose, reception; Stacy Francis, LPN; and Marilena Irizarry, activities.

Thank you for your loyalty during your years of service and for your ongoing commitment to our community!

### Mulberry Gardens May Birthdays

#### Residents

Cecilia D. May 5  
Theresa P. May 11  
Jean K. May 12  
Virginia D. May 13  
Madeleine A. May 14  
Lorette D. May 20  
Donald S. May 24  
Gary P. May 27  
Rita C. May 27  
Elizabeth F. May 28

Bob M. May 30

Adult Day Center

Joy P. May 22

Sharon R. May 30

Marion Heights  
Adult Day Center

Leona J. May 9

Patricia B. May 9

Delores D. May 15

Mary V. May 30

# Mulberry Gardens of Southington



Connect to healthier.™

Mulberry Gardens of Southington  
58 Mulberry St.,  
Plantsville, CT 06479  
860.276.1020  
<http://mulberrygardens.org>

## May Events

**May 3** - 3:30 p.m.  
Presentation on Music/Movie  
Revolutions with Jared Day

**May 5** - 2 p.m.  
Cinco De Mayo Party with  
Blaize Tramazzo

**May 12** - 1:30 p.m.  
Mother's Day Entertainment  
with Tony Castle

**May 14** - 6 p.m.  
Entertainment with Larry  
Batter

**May 16** - 1:30 p.m.  
Music therapy with Maggie

**May 27** - 10:30 a.m.  
Memorial Day Music with  
Don Zanier

**May 28** - 6 p.m.  
Entertainment with John  
Paolillo



Visit us on Facebook

## Respite care available at support group

Living with Alzheimer's disease or a related memory disorder can be challenging for families and caregivers. Mulberry Gardens offers a free support group for families and caregivers on the second Tuesday of every month, 10:30 to 11:30 a.m. The next session will be May 14.

Facilitators provide suggestions, community support and a safe environment to listen or share thoughts and feelings. Jenn Doty, social worker, leads the group. Respite care for loved ones in our Adult Day Center is available with prior notice. To register or arrange care, call Marie Terzak, retirement counselor, at 860.276.1020.

## Write a Google review!

Now is your chance to let the world know about your personal experience with Mulberry Gardens of Southington and write a review. Visit [www.google.com](http://www.google.com) and enter "Mulberry Gardens of Southington." On the right-hand side, you will see a box labeled "Mulberry Gardens of Southington" and a blue link to where you can write your review. We'd love to hear from you! Your opinion means a lot and we thank you for sharing it.