



A monthly newsletter dedicated to our residents and family members.

November 2019

Vol. 5, No. 11

## Mulberry Gardens couple celebrates 60 years of marriage

**A** Mulberry Gardens couple, Kathleen (Kay) and Robert (Bob) F., recently celebrated 60 years of their marriage on Sept. 19, 1959.

The couple was treated to a romantic dinner for two. Bob presented his wife with a lovely bouquet of flowers along with a poem he had selected himself.

The two met at a UCONN social while discussing who would win the World Series. Kay is a Yankees fan while Bob favors the Dodgers. When they met, Kay lived in Southington and was going to college at the UCONN branch in Waterbury while Bob - from Thomaston - just got out of the service.

In 1959, Bob and Kay married at St. Thomas Church in Southington. As newlyweds, they decided to move to Bristol then buying their forever home in Southington. Bob and Kay have



Mulberry Gardens residents Bob and Kay F. display their wedding photo taken on Sept. 19, 1959.

See **Congrats** on page 2

## Mulberry Gardens 'queen' reigns at Apple Harvest Festival Parade

Carole M., a member of the Adult Day Center, took the spotlight at the annual Apple Festival Parade held Oct. 6. Donna Johnson, activities director, chauffeured the bright yellow convertible. Carole won the crown at the 2019 Mulberry Gardens Senior Pageant held in June.



# Happy Thanksgiving to residents

## Adventures at the Adult Day Center

### Mulberry Gardens' holiday festivities

Mulberry Gardens is planning holiday celebrations for residents and families. The Thanksgiving meal will be served at noon. Guests are welcome and reservations must be made by Nov. 21.

Residents and families are encouraged to register now for the annual Holiday Brunch set for Sunday, Dec. 8. Deadline is Dec. 1.

There is a charge after the fifth guest. To reserve your place for either event, stop by or call the front desk.

### November Birthdays

#### Residents

Mae S. Nov. 2  
Karla C. Nov. 5  
Roland L. Nov. 13  
Theresa L. Nov. 15  
Candide S. Nov. 22  
Edward T. Nov. 23

#### Adult Day Center

Helen D. Nov. 1  
Kay F. Nov. 9  
Mike S. Nov. 9  
Don H. Nov. 13  
Rick A. Nov. 29  
Jim S. Nov. 29



Left: Visiting Gouveia Vineyards is always a favorite excursion.



Right: Feeling Hawaiian are, from left, Pat H., Don H., Jerry W. and Mary Anne T.

**Congrats** from page 1

three daughters, Kathy, Lynda and Brenda, two grandchildren, Amber and Daphne, along with eight great-grandchildren.

Robert worked 30 years for the state of Connecticut. First, he worked for the motor vehicle department, then at Southern Connecticut State College in New Haven and finally retiring from the state police headquarters in Meriden. Bob was also a member of the Southington Elks and the Sons of Italy. Kay worked at the West Ridge Elementary School in Southington for the PTA and as a postmaster at the Milldale Post Office.

Traveling around the world gave them much pleasure - to Italy, New Zealand, Australia and Cook Islands to name a few. One of their most memorable trips was traveling across country with their kids while visiting national parks. Their kids still talk about it!

When asked what their secret to a happy marriage was, Bob replied, "Getting along with some taking and giving."

Congratulations, Kay and Bob, on celebrating 60 years!

### Volunteers welcome!

Mulberry Gardens is looking for volunteers who would like to work with our residents and members of the Adult Day Center. Activities may include assistance with recreation, events, arts and crafts, evening bingo and more. Questions? Call Donna Johnson, activities director, at 860.276.1020.

idents, families and staff!

## Mulberry Gardens celebrates Assisted Living Week

Mulberry Gardens residents and staff explored “A Spark of Creativity” during Assisted Living Week in September. Creative activities included rock painting, tie-dying baseball caps, making

our own fruit arrangements, trying quilting magic and writing poetry . We all enjoyed the variety of programs and also discovered a creative side within.



Above: Staff and residents model their tie-dyed caps near a sign that reads “Mulberry Gardens Rocks.”

Above right: Jackie H. makes her own fruit kabobs with assistance from a new friend.

Right: Displaying their quilted creations are, from left, Katherine T., Evelyn R., Monica C., Theresa P. and Claire A.



## Walk to End Alzheimer's

Thank you to all our Mulberry Gardens participants who were part of the Hartford HealthCare Senior Services team at the Walk to End Alzheimer's in Hartford on Oct. 13. And kudos to all who supported Walk fundraisers throughout the year.

# Mulberry Gardens of Southington



Connect to healthier.™

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## November Events

**Nov. 8**

**1:30 p.m.**

Entertainment with  
"East Chicago Joe"



**Nov. 11**

**10:30 a.m.** Veterans Day Program  
with Larry Batter

**Nov. 13**

**1:30 p.m.** Entertainment with  
Ashly Cruz

**Nov. 21**

**10:30 a.m.** Music Therapy with  
Maggie

**Nov. 22**

**1:30 p.m.** Entertainment with  
Mary Morse

**Nov. 26**

**6 p.m.** Music with Tom Calinan



Keep up with our latest  
news and photos: visit  
Mulberry Gardens of  
Southington on Facebook!

## Dementia support group open to families and caregivers

Living with Alzheimer's disease or a related memory disorder can be challenging for families and caregivers. Mulberry Gardens offers a free support group for families and caregivers on the second Tuesday (Nov. 12) of every month, 10:30 to 11:30 a.m. Facilitators provide suggestions, community support and a safe environment to listen or share thoughts and feelings. Jenn Doty, social worker, leads the group.

Respite care for loved ones in our Adult Day Center is available with prior notice. To register or arrange care, call Marie Terzak, retirement counselor, at 860.276.1020.