



A monthly newsletter dedicated to our residents and family members.

October 2019

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Mulberry Gardens celebrates residents, families and staff at picnic

It couldn't have been a more perfect day for our End-of-Summer Picnic on Sept. 8. The outdoor pavilion was very popular as many gathered to enjoy the last few days left of summer.

Family, friends and residents all enjoyed the great food and entertainment. Blaise Tremazzo entertained us all by singing and Matt Martin, the magician, had us all mystified with his tricks.

Barbara Z., resident, said she especially enjoyed the magic show. Seeing all the kids laugh made her day, she remarked. Phillip H. also commented on how it was his favorite part of the picnic.

"It goes to show you, you don't have to be a kid to enjoy a great magic show," said Donna Johnson, activities director. "We want to thank everyone for attending our picnic and for making it so memorable."



Kids of all ages enjoy the magic tricks performed by Matt Martin, the magician. See more photos on page 2.

Join the Walk to End Alzheimer's



Mulberry Gardens will be joining the Walk to End Alzheimer's on Sunday, Oct. 13 at Rentschler's Field in Hartford. Team Mulberry members raise money throughout the year by holding fundraisers. Funds collected from these events will benefit the Alzheimer's Association by providing families with information and support to find a cure. Mulberry Gardens welcomes staff, friends and families to join their Mulberry Team to support this important cause.

See Donna Johnson for more information on how to get involved.

Join Mulberry Gardens at the Apple

Celebrating our residents and families at the annual picnic



Above: Bob M. gives a thumbs up to entertainer Blaise Tremazzo.



Above: From left, Eileen P., Barbara R., Helga D. and Janice B. enjoy strawberry shortcake.



Left: Barbara Z., left, and Lola Specyalski, dining services, take a spin on the dance floor.

October Birthdays

Residents

Claire A. Oct. 1
Tom K. Oct. 7
Christine S. Oct. 12
Paul B. Oct. 14
Rita K. Oct. 14
Pat I. Oct. 18
Debbie D. Oct. 28
Emile H. Oct. 28

Adult Day Center

Marion L. Oct. 7
Rosa S. Oct. 11
Bob P. Oct. 15
Millie M. Oct. 16
Tony M. Oct. 23
Jerry W. Oct. 24

Join us at the Apple Harvest Festival Parade!



Mulberry Gardens of Southington is once again planning to participate in the Apple Harvest Festival Parade on Sunday, Oct. 6 in downtown Southington. Our featured guest will be Carole Milano, the 2019 Ms. Senior Mulberry Gardens Pageant recipient, riding in a convertible with Activities Director Donna Johnson.

Come out to cheer and to enjoy Southington's most beloved event!

Harvest Festival Parade on Oct. 6!

Snapshots of life at Mulberry Gardens



Above: Waffle Day proves popular with, from left, Billy G., Eileen P., Trudy M. and Mary Z.



Speaking of the Apple Harvest Festival (see page 2), a group of event hostesses visit with residents.



Left: Sheila S., a member of the Adult Day Center, dresses up for Country Western Day.

Right: Residents Pat I. and Phillip H. are feeling sweet while enjoying Smores Day.



Volunteers welcome!

Mulberry Gardens is looking for volunteers who would like to work with our residents and members of the Adult Day Center. Activities may include assistance with recreation, events, arts and crafts, evening bingo and more. Questions?

Call Donna Johnson, activities director, at 860.276.1020.



Keep up with our latest news and photos: visit Mulberry Gardens of Southington on Facebook!

Mulberry Gardens of Southington



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October Events

Oct. 1

1:30 p.m.

Entertainment with
the Airborne Trio



Oct. 4

1:30 p.m. African Show with
Rita the Dancer

Oct. 07

3 p.m. Oktober Fest with David
Glokosky

Oct. 17

1:30 p.m. Music Therapy with
Maggie

Oct. 25

1:30 p.m. Music with Mary
Morse

Oct. 29

10:30 a.m. Roger Hart Slide
Show

Oct. 29

1:30 p.m. Music with Les Julian

Dementia support group open to families and caregivers

Living with Alzheimer's disease or a related memory disorder can be challenging for families and caregivers. Mulberry Gardens offers a free support group for families and caregivers on the second Tuesday (Oct. 8) of every month, 10:30 to 11:30 a.m. Facilitators provide suggestions, community support and a safe environment to listen or share thoughts and feelings. Jenn Doty, social worker, leads the group.

Respite care for loved ones in our Adult Day Center is available with prior notice. To register or arrange care, call Marie Terzak, retirement counselor, at 860.276.1020.