



*A monthly newsletter dedicated to our residents and family members.*

September 2019

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## Mulberry Gardens couple celebrates 64 years of marriage

**T**wo Mulberry Gardens residents, Norman and Patricia L., recently celebrated their 64 years of marriage which began July 23, 1955.

The husband and wife, who moved to Mulberry Gardens in March 2019, were treated to a romantic anniversary dinner for two with music. When asked what their favorite dish was, they both replied... seafood!



During dinner, Norman, who was teary eyed, presented his wife with flowers and a lovely poem. "It was so precious to see the two embracing one another while reminiscing on the day they met," said Donna Johnson, activities director.

Both from Maine, they met through family. In fact, Patricia's sister married Norman's brother, Bob. Norman served in the military in the U.S. Army during the Vietnam War. He even had a tank with Patricia's name on it!

It was tough for them to be apart so long but they managed to keep in touch through love letters. Patricia stated she regularly wrote to Norman, once a week if not more.

They married in 1955 and then purchased their family home in Plainville in 1956. Norman worked at Fafnir Bearing, first shift, and Patricia worked as a bookkeeper, second shift, then at Wasley Products in Plainville, where she made seals for automobiles.

It was hard not seeing each other as they both worked different shifts but they made it work. They had to for their family. Norman and Patricia have

See **Congrats** on page 4

## Annual Family Picnic on Sept. 8

Mulberry Gardens Annual Picnic, one of the most anticipated events of the year, will be held Sunday, Sept. 8, from 1 to 4 p.m., at Mulberry Gardens. Residents, family members and staff are invited. The celebration marks the start of National Assisted Living Week.

The picnic features food, beverages, music and fun! Reservation deadline is Aug. 4. RSVP to Donna Johnson at 860.276.1020.

# Save the date: Mulberry Gardens' annual picnic for

## September Birthdays

### Residents

Bill F. Sept. 2  
Barbara R. Sept. 4  
Judy T. Sept. 12

### Adult Day Center

Alan B. Sept. 1  
Diane P. Sept. 5  
Marcia J. Sept. 16

### Marian Heights

Anna W. Sept. 22



## Welcome, new residents!

### Barbara Z.

Barbara Z., right, was born on Aug. 27, 1941 in Waterbury. She worked as a manager of Sears Department Store. Barbara has three children, David, Gary and Peter, and two grandchildren. She enjoys going on outings and listening to '50s music.



### Helga D.

Helga D., left, was born on Aug. 14, 1944 in Germany and has also resided in Oakville. She has two children, Barbara and Sandy, four grandchildren and one great-grandchild. Helga worked many years as a greenhouse worker and a florist. She enjoys fishing, crafts and of course, gardening!



## Upcoming Mulberry Gardens events

### **Mulberry Gardens at Sept. 13 Farmers Market**

Visitors to the 2019 Farmers Market held Fridays on the Southington Town Green will be able to pick up not only locally grown produce but valuable information for a healthier lifestyle, courtesy of Hartford HealthCare Senior Services. On Sept. 13, from 3 to 6 p.m., Mulberry Gardens will be providing free blood pressure screenings. Hartford HealthCare Cancer Center will offer information on breast cancer and colon cancer awareness for men and women. Transitional care coordinators from Hartford HealthCare at Home will provide info on services and resources.

### **Volunteers welcome!**

Mulberry Gardens is looking for volunteers who would like to work with our residents and members of the Adult Day Center.

Activities may include assistance with recreation, events, arts and crafts, evening bingo and more. Questions? Call Donna Johnson, activities director, at 860.276.1020.

### **Dementia support group open to families and caregivers**

Living with Alzheimer's disease or a related memory disorder can be challenging for families and caregivers. Mulberry Gardens offers a free support group for families and caregivers on the second Tuesday (Sept. 10) of every month, 10:30 to 11:30 a.m. Facilitators provide suggestions, community support and a safe environment to listen or share thoughts and feelings. Jenn Doty, social worker, leads the group. Respite care for loved ones in our Adult Day Center is available with prior notice. To register or arrange care, call Marie Terzak, retirement counselor, at 860.276.1020.

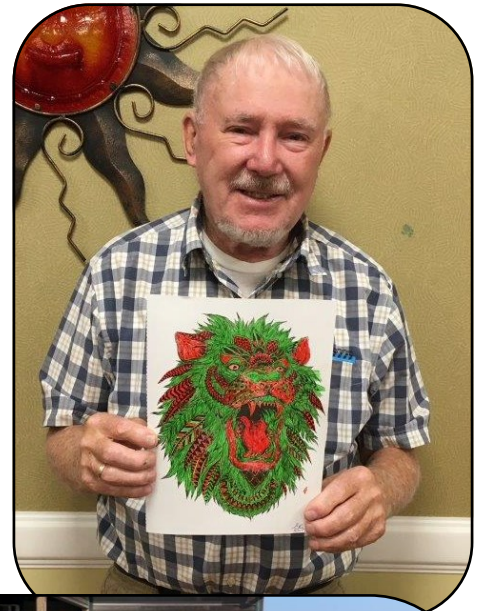
or residents, families and staff is Sunday, Sept. 8!

## Snapshots of life at Mulberry Gardens

It's been a busy summer for Mulberry Gardens residents - from celebrating the Fourth of July, enjoying outdoor barbecues, Caribbean Day and summer concerts, to cruising the Connecticut River on Riverquest. Every day is a new adventure for our residents and members of our Adult Day Centers.

Right: Admiring the view from Castle Craig in Hubbard Park are Adult Day Center member Larry B., right, and aide Sandy Page.

Above right: Adult Day Center member Jerry W. displays his detailed artwork.



Left: At an outdoor concert at Southington Care Center, Donna Johnson, Mulberry Gardens activities director, dances with resident Pat I. to the sounds of "Simply Swing."

Right: Mulberry Gardens residents visit the beach at Hammonasset State Park.



Below: Visiting Castle Craig



Above: Loretta L. and her aide, Tina Soto, enjoy refreshments at a restaurant.

# Mulberry Gardens of Southington



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Mulberry Gardens of Southington  
58 Mulberry St.,  
Plantsville, CT 06479  
860.276.1020  
<http://mulberrygardens.org>

## September Events

### **Sept. 3**

**1:30pm** Music with Al Leone

### **Sept. 6**

**1:30pm** Entertainment with Jose Paulo

### **Sept. 8-**

Mulberry Gardens Picnic - 1:30pm  
Entertainment provided by Blaize Tremmazzo

### **Sept. 10**

**1:30pm** Music with Ashly Cruz

### **Sept. 11**

**3 p.m.** Birthday Bash with the Boogie Boys

### **Sept. 18**

**1:30pm** Entertainment with T-Bone

### **Sept. 19**

**1:30pm** Music therapy with Maggie

### **Sept. 26**

**6 p.m.** Music with Larry Batter

## Join the Walk to End Alzheimer's

Mulberry Gardens will be joining the Walk to End Alzheimer's on Sunday, Oct. 13 at Rentschler's Field in Hartford. Team Mulberry members raise money throughout the year by holding fundraisers. Funds collected from these events will benefit the Alzheimer's Association by providing families with information and support to find a cure. Mulberry Gardens welcomes staff, friends, and families to join their Mulberry Team to support this important cause. See Donna Johnson for more information.

Congrats from page 1 two children,  
Norman Jr. and  
Allen along with two grandchildren.  
They enjoy square-dancing,  
vacationing (Florida, Vegas, Nashville  
to name a few) but most of all,  
spending time together.  
When asked what their secret to a  
successful marriage was, they agreed,  
"Don't go to bed angry."  
Happy anniversary!