



A monthly newsletter dedicated to our residents and family members.

June 2018

Vol. 4, No. 6

Mulberry Gardens embraces the healing power of pets

Mulberry Gardens would like to welcome our three new pet therapy dogs to its community. One is Freya, a 7-year-old Red Doberman Pinscher, who visits with her companion, Debbie. Another is Sam, an Airedale, who visits with Emily. Lastly, we have Ryder, a beautiful Golden Retriever, that visits with her owner, Karen.

There is no denying, we love our four-legged friends. When our visiting dogs come through the door, everyone's expression brightens. These dogs have faces and personalities that melt our hearts. With a simple look, a gentle touch or a special trick they have a way of delighting everyone.

"I've seen the benefits of a pet visit firsthand. Seeing a resident suddenly become more engaged



Above: Ryder enjoys a scratch behind the ears from Rita C.

is very encouraging and heartwarming," said Donna Johnson, activities director.

Pet therapy visits have many benefits. They include bringing us comfort, encouraging activity, stirring up memories and most importantly providing us with unconditional love.

"Mulberry Gardens is very thankful for all its volunteers," Johnson said. "You bring a lot of joy and comfort to our residents!"



Residents Trudy and Art M. make Freya feel welcome.

Save the date!

Join us for the 2018 Ms. Mulberry Gardens Senior Pageant on Friday, June 8 at 1:30 p.m. featuring our wonderful residents and day program members!

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Welcome to our new residents!

Donald Erikson



Donald Erikson resided in Berlin, Connecticut and has one son, Craig. Donald worked in purchasing quality control for defense contracting. His hobbies include woodworking and watching the UConn girls' basketball team. He is also a history buff, enjoying Civil War and

WWI and WWII history.

Genevra "Gib" Placek

Genevra "Gib" Placek was born in Cooperstown, New York and also lived in Shelton, Connecticut. She has six children and nine grandchildren! Genevra worked as a seamstress and a quality control inspector. Sewing and listening to country music are just a few things she enjoys.



Celebrating Earth Day



The annual petting zoo visit from Kelly's Kids is always very popular with residents, staff and visitors alike. This year the menagerie, including goats, bunnies and a huge Great Dane, stopped by on Earth Day. Above, Helen M., right, and her grandson, Brendan, cuddle a goat.

June Happenings

June 4

1:30 p.m. Entertainment with Mary Morse

June 8

1:30 p.m. Mulberry Gardens Pageant

June 12

1:30 p.m. Music with John Paolillo

June 17

1:30 p.m. Father Day Social with music provided by Mick. Family is invited. Please RSVP to Donna.Johnson@hhchealth.org.

June 21

1:30 p.m. Music Therapy with Maggie

June 22

1:30 p.m. Entertainment with Nick and Nancy

June 26

6 p.m. Music with Jim Sheehan

June birthdays

Residents

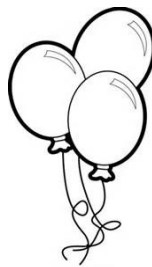
Marge S. June 14
Christine D. June 15
Judith L. June 27
Theophile D. June 28

Adult Day Center

John B. June 3
Pat H. June 26

Marian Heights

Danuta P. June 10
Pela B. June 15
Jozef K. June 26



Be sure to "like" us on Facebook to keep

...e 8 at 1:30 p.m. featuring our wonderful residents and members!

Whether home or away, the fun continues



Mulberry Gardens, the Adult Day Center and Marian Heights keep residents and members engaged in something for every every interest. We recently hosted a Kentucky Derby party, enjoyed entertainer Ashley Cruz and visited Sessions Woods Nature Center. Stay tuned for much more!



Above: Enjoying an Ashley Cruz concert are Nan and resident Nan K.



Above: Gil L. and Donald E. check out the displays at the Sessions Woods Nature Center.



Thank you, Betty!

Mulberry Gardens resident Betty P., far right, was recently honored by the Salvation Army of Bristol for her generosity. Salvation Army representatives presented a certificate of appreciation during a special ceremony.

Betty moved to Mulberry Gardens in February 2011 and enjoys gardening and playing bingo.

One of Mulberry Gardens' new therapy dogs, Sam, with his handler, Emily McCarthy, was also at the presentation.

...up with our latest photos and activities!

Mulberry Gardens of Southington

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Like us on Facebook!

Respite care available during caregivers support group

Living with Alzheimer's disease or a related memory disorder can be challenging for families and caregivers. Mulberry Gardens offers a free support group for families and caregivers on the second Tuesday of every month (except December) from 10:30 to 11:30 a.m. Facilitators provide suggestions, community support and a safe environment to listen or share thoughts and feelings. Jenn Doty, BSW, Mulberry Gardens social worker, leads the group.

Upcoming sessions will be Tuesdays, June 12 and July 10.

Respite care for loved ones in our Adult Day Center is available with prior notice. To register or arrange care, call Marie Terzak, retirement counselor, at 860.276.1020.

Patriotic painting party to benefit Alzheimer's Association



In keeping with its tradition of supporting the Alzheimer's Association Connecticut Chapter, Mulberry Gardens of Southington is hosting a special painting party on Saturday, June 9 at 1:30 p.m. Participants will create a flag-themed wooden plaque under the guidance of local artist Rhonda DeNoto. She recently completed a mural at the Bristol Animal Shelter and has led numerous painting fundraisers. The event will include wine and cheese and crackers, and gift baskets. There is a cost to attend. Space is limited and reservations are required. To RSVP, call Donna Johnson, activities director, at 860.276.1020.

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