



Southington Care Center
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Southington Care Center Poetry Group

TIME

Time is your protection,
 be it a second, minute, hour,
 year,

or
 a lifetime.

A measure of love and joy

or
 sorrow and pain.

Learn to master time,

or
 it will master you.

Marion Gifford, Spring 2015

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everything we do every day,” Kowalewski said.

Meals will continue to be prepared daily in the care center kitchen, tailored to residents’ desires and specialty diets. Hodes said advantages include cost savings, problem solving, menu programming and additional support.



Healthy Family FunFest

Representing Southington Care Center at the Healthy Family FunFest are staff including, from left, Laurel Whalen, Crisla Ryan and Kara Bouteiller.



Changes to our dining services also include the introduction of decentralized dining.

May/June 2016

Vol. 2 Issue 3

Southington Care Center News

A newsletter for Southington Care Center residents and family members.

Southington Care Center welcomes Compass One

By William Kowalewski,
 Southington Care Center executive director

After many months of diligent review, which included an evaluation and bidding process, I am pleased to announce that Compass One Healthcare – an international food and support services company – has been selected as our partner in this effort. They will be partnering with our food service and housekeeping departments.

We view this as an opportunity to partner with a leading organization — one that can work with our talented managers and staff to help take these important support services to the next level in terms of quality, affordability and customer experience. Compass shares our vision and values, emphasizing safety, quality and service, and will work closely with us to achieve mutually agreeable metrics, including a focus on customer satisfaction.



Residents, staff, family and friends chat during the reception held to mark the transition to Compass. Standing on left are Jack Hodes, Southington Care Center dining services director, and Anthony Pacchioni, of Compass One.

Compass One Healthcare serves 1,650 hospital and health systems in 48 states, and has strategic partnership with Press Ganey to improve customer experience and service excellence.

Welcome!

Staff touts the Compass advantage

Jack Hodes, dining director, and William Kowalewski, executive director, were among those welcoming representatives of Compass One at the April 6 reception. “Compass One takes great service and makes it greater. It brings international company expertise to

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To see the latest news and photos, visit Southington Care Center on Facebook!

Congratulations to our Nightingale nurses!

Hartford HealthCare Senior Services recently announced that three nurses have been selected to receive the prestigious Nightingale Award for Excellence in Nursing, established to celebrate outstanding nurses and elevate the profession. Jodi Trottier, LPN, and Kathy Chiulli, RN, MSN, who have dedicated much of their careers to Southington Care Center, and Maureen Lahickey, RN, case manager/admissions director, Jefferson House, were the three recipients.

Jodi Trottier, LPN

Jodi Trottier, LPN, knew her niche was in nursing right from the get-go when she entered the nursing program at Wolcott High. Her instructor not only provided the education but the inspiration as well, Trottier recalled. "It was a great experience. I fell in love with nursing and the people," she said.



Now Trottier, who has worked at Southington Care Center for more than 10 years, is being recognized for her passion, dedication and expertise with the 2016 Nightingale Award.

In her nomination, she was described as: "an amazing nurse," "respected by the CNA staff and other nurses," "is truly committed to her patients," and possibly most important, "is totally committed to SCC."

At the care center, Trottier has worked in every department, from long-term care to short-term rehabilitation. She is accustomed to being flexible, filling in wherever, whenever needed. "Time management skills are important – priority is whatever the need is," she said. Assisting patients in all areas has its own rewards, she said. With long-term care, there is a continuum and staff has the opportunity to form a relationship with the patient. Yet, it is wonderful to be able to play a role in recovery, enabling the short-term patient to return home. "I've always been comfortable in my role," she said.

A Bristol resident, she is presently pursuing her registered nursing degree, a task which isn't easy while working full-time and raising her family. Receiving the Nightingale Award was a surprise, she

said, because she didn't expect recognition for something she loves.

Kathy Chiulli, RN, MSN

Kathy Chiulli, RN, MSN, no longer provides direct patient care but her work has impacted nursing staff and residents across the board. As the clinical systems analyst for Hartford HealthCare Senior Services, "She is an amazing teacher, coach and mentor who also happens to have an extraordinary technical and analytical gift," according to her nomination.



Kathy Chiulli, left, and Betty Lesny, RN

Under her leadership, the new EMR system was successfully implemented at Southington Care Center, Arbor Rose and Jerome Home. "With the resident always at the center, every decision was made with quality and safety at the forefront," the nomination details. "The hundreds of staff that were affected by this project looked to Kathy for leadership, a sense of calm, patience and understanding. Her confidence, professionalism and support during this very stressful time ensured a smooth transition and instilled confidence in the team and in the software."

Other roles include conducting training as well as new hire orientation for all licensed personnel so that they are comfortable with the software. "My role is unique in senior services – I am the bridge between technology and nursing," she said.

A resident of Southington for 18 years, Chiulli began working as staff development coordinator at Southington Care Center in July 2012. She credits her family as the inspiration for being a nurse. "I come from a long line of nursing professionals – my mom, aunt, maternal grandmother and many others, all nurses. I have always wanted to go into healthcare," she said.

Her experience has encompassed multiple roles including critical care, post-anesthesia care, and she even spent a few years working for a medical device manufacturer, becoming a clinical expert in laparoscopic and bariatric surgical instruments.

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Happy birthday to our centenarian trio

Three centenarians who live at Southington Care Center celebrate their birthdays at a community party held in March. Holding hands, from left are, Kathryn Carey, 101, Alice Tew, 100, and Mary Raffonello, 101. The women, family members and staff shared cake; Executive Director William Kowalewski guided Carey around the dance floor. A larger celebration will be held in June to honor a fourth centenarian.



A Night at the Drive-In



Southington Care Center held "A Night at the Drive-In Movie" featuring "Grease," starring John Travolta and Olivia Newton-John. Residents and staff watched and sang along to the movie's popular songs. A resident told Stacy Carleton, director of Therapeutic Recreation, that she enjoyed this viewing better than when she originally saw it, and that staff including Vinnie DeSanti, director of plant operations, Beth Anne Oates, recreation, and Penny Baker, CNA, made her feel like she was 25 again, not 80 years old! It was a fun night for everyone.

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Throughout it all, her zeal has only grown.

"I have seen people at the most vulnerable times in their lives, I've been there for someone's final breath, I've made mistakes and been able to learn from

them, I've shared my knowledge and helped build confidence in others," Chiulli said. "I have been rewarded in so many ways and feel truly blessed to have had every opportunity that nursing has given me."

Visit hhcseniorservices.org to read or receive your free Southington Community Resource Guide and Dementia Caregiver Resource Guide.