

Nurse from page 1

“Shelby shows an unwavering commitment to our Residents, patients and her coworkers,” noted William Kowalewski, Southington Care Center Executive Director. “Even on her most hectic days she is seen with a smile.”

She credits her grandmother with inspiring her to enter nursing. Her grandmother, later in life, actually was an short-term patient at SCC.

A leader, she raises those around her to a higher level of performance, Kowalewski remarked.

“Shelby can often be seen spending discretionary time one-on-one with Residents. Whether it be singing, taking someone around the campus for a walk or just sitting and chatting with a lonely resident, she is always in the moment,” Kowalewski said.

Her biggest challenge? Seeing people decline in health as they come to end of life. “I accept that but I always wonder if I could have done something more,” Shelby said.



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Southington, CT 06489
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www.southingtoncare.org

Alzheimer’s and Dementia Support Group

Southington Care Center offers a free Alzheimer’s and Dementia support group on the second Wednesday of the month, 6:30 to 7:30 p.m., in the Anna Fanelli Room.

This group is an affiliated support group of the Alzheimer’s Connecticut Chapter, which is hosted by Southington Care Center. This is a caring and understanding support group to learn more about the disease, to share caregiving ideas, to express their feelings, to hear about advances in research and advocacy, and to help other caregivers who are in need. All are welcome.

If you are interested in attending, please call Robin Segal, Therapeutic Recreation, at 860.378.1278.



Southington Care Center News

A newsletter for Southington Care Center residents and family members.

May/June 2017

Vol. 3 Issue 2

Southington Care Center achieves Five Star Rating

Southington Care Center is pleased to announce that the community has been rated a Five-Star community again by the Centers for Medicare and Medicaid Services (CMS). Southington Care Center has proudly received this designation since the inception of the Five-Star Quality Rating System back in 2009.



above average quality and nursing homes with 1 star are considered to provide quality care much below average.

Each nursing home receives an overall rating, which is made up of three separate quality scores

CMS designed the Five-Star system to help potential residents, their families and caregivers compare nursing homes more easily. The quality rating system gives each nursing home a star rating between 1 to 5 stars. Nursing homes with 5 stars are considered to provide care much

including:

- Health Inspections – the last three Department of Public Health inspections
- Quality Measures - 11 different physical and clinical measures for the community’s residents

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Congratulations to our Nightingale Nurse: Shelby Verrone-Webb, LPN

Shelby Verrone-Webb, LPN, named Southington Care Center’s 2017 Nightingale Award recipient, has worked at our community since 2011. “I’m the first in my family to work in the medical field – the first nurse,” she said.

When she began at Southington Care, she floated on different floors each week including short-term rehabilitation. Now, she is permanently assigned to long-term care and particularly enjoys relating to those Residents who have dementia. “I love getting to know the people. We’ve become like family to each other. I am a familiar face and know their moods, their habits and what can make their lives easier,” Shelby said.

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Photo by Rusty Kimball

Nightingale Award recipient Shelby Verrone-Webb, LPN, left, and Director of Nursing Marjorie Palladino, RN, BS, MSN, CRRN, CSPHP, review charts.

See you at our these summer concerts: Aug. 17 Paul Millard and Sept. 14 Shine. Check website for other dates.

Steve McCarty Memorial Golf Tournament benefits Southington Care Center

Steve and Donna McCarty – and family – have generously supported Southington Care Center in innumerable ways. In honor of Steve McCarty, who died in 2015, a memorial golf tournament was launched in 2016, proceeds of which funded a waterfall in our Healing Garden.

The 2017 Steve McCarty Memorial Golf Tournament is planned for June 12, beginning at 9 a.m., at Hawk’s Landing Country Club, 201 Pattonwood Drive. Cost is \$150 per golfer.

This year, funds from the event are designated for Southington Care Center’s Tranquill Passages palliative care program and The First Tee of Connecticut, a youth development organization whose mission is to impact the lives of young people by providing educational programs that build character, instill life-enhancing values and promote healthy choices through golf.

For more information or to register, call Liana Garcia Fresher at 860.716.8973 or email lianafresher@gmail.com.

Southington Care Center wishes to thank the McCarty family for their generosity throughout the years, which has enhanced life for our Residents and others.



Southington Care Center welcomes new Director of Food and Nutrition

Jennifer Petrucci couldn’t take the time to ease into her position as Southington Care Center’s Director of Food and Nutrition. After all, she had the Thanksgiving buffet and Holiday Brunch to present just a short time after she came on board on Nov. 21.



“We served 50 Residents and family members on Thanksgiving,” she recalled. The planning and presentation went very smoothly, she said, because of the input and guidance from staff and Jack Hodes, the care center’s former Director of Food and Nutrition.

Almost as soon as tables were cleared, Petrucci began planning the Dec. 11 Holiday Brunch. That huge event, too, came together perfectly, also thanks to teamwork. “It couldn’t have gone better. People were thrilled and there was a lot of positive feedback. It was very rewarding,” she said. SCC welcomed and served a total of 148

family members and guests.

Petrucci, who holds approximately 25 years of food service experience in long-term care settings, said her responsibilities include ordering, keeping inventory, staffing, schedules, policies and procedures, in-services and more. Compass, the food management company for Hartford HealthCare Senior Services communities, has procedures in order which makes processes flow more easily, she said.

Petrucci, a Meriden resident, said she was happy to join the team at Southington Care Center, which holds an excellent reputation in the community. Most importantly, she enjoys developing relationships with Residents and rehabilitation patients.

Executive Director William Kowalewski said, “Jen is a wonderful addition to the care center’s Leadership Team. Her knowledge of both dining and the long term care industry make her a perfect fit.”

They’re Back – And So Is Spring

Every year, SCC Residents and staff look forward with great anticipation to the return of two things: spring, and Fred and Ethel – the two Canada geese that have adopted SCC as their home as well as SCC adopting them.



The Residents look so forward to the end of winter. It’s a tough season for SCC

It must be spring if Fred and Ethel have returned to SCC.

Residents who don’t get to enjoy the outdoors as much as they wish – and who know that the spring season will mean more time outdoors. And the number one sign for our Residents that spring is here is seeing our adopted geese walking the property. Canada geese mate for life and return every spring to their “summertime home.”

Spring and summer for the Residents signals the beginning of trips to Southington Concerts on the Green, the Summer SCC Outdoor Concert Series in the rear parking lot and frequent out-trips to Hubbard Park and other seasonal outdoor destinations. The big question every year for us at the care center is “will Fred and Ethel produce little ducklings this season.” Time will tell!

- From the desk of William Kowalewski, Executive Director

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- Staffing – number of hours of care provided on average to a resident each day

To see how Southington Care Center compares to other communities in our area, please visit the Medicare.gov website: www.medicare.gov/nursinghomecompare/search.html.

Then enter Southington’s zip code (06489) and click on the SEARCH button. Choose the ADD TO COMPARE button for Southington Care Center and any facility you would like to compare against. Select the COMPARE NOW button and your compare search results will appear. You will find that Southington Care Center compares well against all of the area care centers.

- By Chris Johnson, Quality Improvement Manager

Welcome to our new hires

Southington Care Center is pleased to announce that these individuals have joined our staff. Welcome!

Brenda Barnes:
Laundry

Adriana Acevedo:
Housekeeping

Nursing Assistants
Ester Torres

Brenda Cremens

Iris Rosario

Rhoda Osei

Rhodaine Osei

RNs

Mary Churchill

Shana Sirois

Keri Rebstad

Carrie A. Shiano-
Dicola

LPNs

Tracy Brown

Banda Martins

Meghan Smith

Join Us for Our Family Gathering

Sunday, June 11 at 3 p.m.

Fanelli Room

Director of Nursing Marjory Palladino will be giving an update on the nursing department at Southington Care Center over the last year. Meet our new Assistant Director of Nursing Cirie Dorosh. Executive Director William Kowalewski will present an update on ongoing plans for the future of Southington Care Center.

Just stop by.

Looking ahead: Birthday celebration in June for our centenarians: Kathryn C., Anna P., Mary R., Alice T. and Elaine W.!